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5	THE VIRGIN ISLANDS Track & Field FEDERATION
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7	CONSTITUTION/BYLAWS
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9	Article I
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11	Name
12	The name of the approximation shall be Vingin Islands Tuesly & Federation
13	The name of the organization shall be Virgin Islands Track & Federation.
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16	Article II
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19	Objects and Purposes
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21	The objects and purposes of the Virgin Islands Track & Field Federation shall be to:
22	a. Coordinate and develop activity in the U.S.Virgin Islands directly relating to the sport of
23	Track & Field;
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25	b. Exercise exclusive jurisdiction over the sport of Track & Field in the U.S.Virgin Islands, in
26	world championships, the Olympics, Pan Am Games, regional and area championships and
27	competitions as they relate to the U.S.Virgin Islands;
28 20	c. Promote and encourage public participation in Track & Field;
29 30	c. Fromote and encourage public participation in Track & Field,
31	d. Assist organizations and individuals concerned with sports in the development of Track &
32	Field training;
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34	e. Provide for swift resolution of conflicts and disputes involving athletic competition in the
35	sport of Track & Field in accordance with the IAAF rules;
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37	f. Foster the development of facilities for use by athletes training for competition in the sport of
38	Track & Field and assist in making such facilities available to the athletes;
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40	g. Provide and coordinate technical information on training, equipment, coaching and
41	performance in he sport of Track & Field;
42	h Encourage and support response devialement and discontinuities of information in the survey of
43	h. Encourage and support research development, and dissemination of information in the areas of sports medicine and sports safety relate to the sport of Track & Field;
44 45	sports incurcine and sports safety relate to the sport of Track & Fleid,
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46 47	i. Encourage and provide assistance to athletes, coaches and administrators without regard to race, color, religion, nationality, sex or physical handicap;
48 49 50 51	j. Represent the sport of Track & Field in appropriate class membership in the Virgin Islands Olympics Committee.
51 52 53	Article III
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56 57	Authority
58 59	Section 1. The Federation is authorized to:
60 61 62	a. Represent the sport of Track & Field under the rules of the International Amateur Athletic Federation.
63 64	b. Serve as the coordination body for Track & Field in the U.S.Virgin Islands;
65 66 67	c. Exercise jurisdiction over, and sanction, national and international Track & Field in the U.S.Virgin Islands;
68 69 70	d. Conduct athletic competition in Track & Field, including a territorial championship and establish procedures for determining eligibility standards;
71 72	e. Designate individuals and teams to represent the U.S.Virgin Islands in international Track & Field and certify, in accordance with applicable international rules, their eligibility.
73 74 75	Section 2. The Federation shall have perpetual succession and power to:
76 77 78 79	a. Organize, finance and control the representation of the U.S.Virgin Islands in the world championships, Olympics, Pan American Games, regional championships, other international competitions in the sport of Track & Field;
80 81	b. Make contracts and incur liabilities;
82 83	c. Sue and be sued;
84 85 86	d. Acquire, hold and dispose of such real and personnel property as may be necessary for its corporate purposes;
80 87 88	e. Accept gifts in furtherance of its corporate purposes;
89 90	f. Approve and revoke membership in the Federation;
91	g. Establish and maintain offices for conduct of the affairs of the Federation;

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93	h. Publish a newsletter and website consistent with its corporate purposes;
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95	i. Amend these bylaws;
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97	j. Provide indemnification of individuals in accordance with terms of these bylaws and the laws
98	of the U.S.Virgin Islands.
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101	Article IV
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102	Membership
105	member smp
104	Section 1. Membership shall be open to any organization whose members are athletes, coaches,
105	managers, administrators or officials in the sport of Track & Field and to any sports organization
107	which conducts programs in the sport of Track & Field, without discrimination on the basis of race,
107	color, religion, age, sex, or physical disability or national origin.
108	color, rengion, age, sex, or physical disability of national origin.
110	Section 2.
111	Section 2.
112	a. Membership dues shall be set at the annual meeting of the member organizations;
112	a. Membership dues shan be set at the annual meeting of the member organizations,
113	b. All member organizations who are current in their dues shall be entitled to representation and
114	vote at the meeting of the members;
116	vote at the meeting of the memoers,
117	b. All member organizations who are current in their dues shall be entitled to representation and
118	vote at the meeting of the members;
119	tote at the meeting of the memorie,
120	c. Any member organization may be expelled or temporarily suspended by two-thirds vote of
120	the Board of Directors for conduct detrimental to the objectives and purposes of the Federation
121	(this is inclusive of officers, official representatives and individual members of the affiliated
122	organizations); violation of these bylaws or conduct is likely to bring discredit upon the
123	Federation and the sport of Track & Field;
124	redefation and the sport of Track & Trefd,
125	d. Before any expulsion or suspension, the member organization shall receive written notification
120	of the alleged misconduct and be granted and opportunity to be heard.
127	of the uneged misconduct and be granted and opportunity to be heard.
128	
129	Section 3.
130	Section 5.
131	a. A meeting of the Federation shall be held annually between October 1 of one year and March
132	31 of next year;
135	ST OF HOAT your,
134	b. The Board of Directors shall decide the place and time of the annual meeting of the
135	membership;
130	memoersmp,
13/	

138 139	c. Special meetings may be called by the Board of Directors on 30 day written notice;
140 141 142	d. A quorum for the transaction of business at any meeting of the membership shall consist of a majority of the total vote entitled to be cast by the full membership, but shall be required only for the election of officers, amending these bylaws or action on any matter deemed by the Board of
143 144	Directors to require a quorum;
145 146	e. All meetings shall be governed by Roberts Rules of Order;
147 148	f. Matters requiring a quorum for their disposition may be brought before the membership for consideration by mailing, to each member organization, documents with sufficient information
149 150	and a ballot with a return envelope.
151 152	Article V
153 154	
155	Board of Directors
156	Section 1. The Federation shall be governed by a Board of Directors which shall have general
157	charge of the business affairs and activities of the Federation and shall define the policies to be
158	followed in carrying out the purposes of the Federation as set forth in these bylaws. The member
159 160	organizations shall elect the board of directors by majority vote with each organization having one vote.
161	
162	Section 2. The Board of Directors shall have authority over policy and specific decisions
163 164	concerning, but not limited to:
165	a. Establishing, both, the criteria and fees for the sanctioning of national Track & Field
166 167	competition;
168	b. Selecting U.S.Virgin Islands representatives for World Championships, Central America
169	and Caribbean Games, Central America and Caribbean Championships, Pan American Games,
170	the Olympic Games and related meetings, congresses, conventions, seminars and/or other
171	related functions together with designating the races to qualify eligible Virgin Islands athletes who
172	are in good standing with member organizations of such national teams. Generally eligibility
173	requirements will be governed by International Olympic Committee, International Amateur
174	Athletic Federation, Virgin Islands Olympic Committee>
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176	c. Receiving, depositing and disbursing Federation funds;
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178	d. The Board of Directors shall be directly elected by member organizations each constituting
179	one vote. The Directors shall serve four year terms.
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181	Section 3.
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183 184	a. The Board of Directors shall have four members who shall be selected without regard to race, color, religion, national origin, sex or physical disability, provided they are eligible;
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186	Section 4. When a seat on the Board of Directors becomes vacant before the end of its term, the
187 188	President may appoint a replacement with the approval of a majority of the Board of Directors.
189	Section 5.
190	
191	a. Meetings of the Board of Directors shall be called by the President, directly, or through the
192	designated Chief Executive Officer on thirty days written notice to each member organization,
193 104	at least twice, within each calendar year;
194	b The President may call a gracial meeting on not loss than farty eight hours telephone notice
195 196	b. The President may call a special meeting, on not less than forty eight hours telephone notice, to consider matters requiring immediate action;
197	
198	c. The President shall preside at all meetings of the Board of Directors;
199 200	d A guarum for the transaction of huginage at any meeting of the Deard of Directors shall
200	d. A quorum for the transaction of business at any meeting of the Board of Directors shall
201	consist of a majority of its members holding office;
202	All mastings of the Board of Directors shall be governed by Reports Dulas of Order:
203	e. All meetings of the Board of Directors shall be governed by Roberts Rules of Order;
204	f. The Board of Directors shall have the power to transact its business by mail, fax, telex, radio or
205	telephone conference call.
206 207	telephone conference can.
207	Article VI
208	Article VI
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210	Officers
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212	Section 1. Officers of the Federation shall be President, Vice-President, St.Croix, Vice-
213	President St. Thomas, St. John, Water Island and Secretary/Treasurer.
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216	Section 2. The officers shall be elected by the member organizations of the Federation. The
217	officers will serve one four year team. There is no limit on terms an officer may serve if elect
218	ed. Each member organization shall have one vote (the initial election of the officers will be by the
219	Board of Directors), subsequently each board member shall have one vote. The President and
220	Secretary/Treasurer will reside in the same geographical jurisdiction (St. Thomas/St. John/Water
221	Island or St.Croix). Officers and directors shall reside in the U.S.Virgin Islands.
222	
223	Section 3.
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225	a. The President shall be the Chief Executive Officer of the Federation and shall preside at all
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223 226 227	a. The President shall be the Chief Executive Officer of the Federation and shall preside at all meetings of the Board of Directors and of the members; he/she shall be an ex officio non voting member of all committees; he/she shall have the authority to appoint all committee chairpersons

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230	b. A designated Vice-President shall perform the duties of the President if the President is absent
231	or unable to act and discharge such other duties assigned by the President of the Board of
232	Directors;
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234	c. The Secretary/Treasurer shall supervise the compiling recording and distribution of the
235	minutes of the meetings of the members and the Board of Directors, The Secretary/Treasurer
236	shall file all necessary reports and supervise the publication of official documents and newsletters,
237	he/she shall have charge of the funds and financial records and oversee the preparation of
238	annual financial reports; the Secretary/Treasurer shall discharge such other duties as may be
239	assigned by the President or the Board of Directors.
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241	Section 4. Any vacancy in the offices of the Federation may be filled by the Board of Directors.
242	
243	Article VII
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245	The Executive Director
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247	Section 1. The executive Director shall serve as the Chief Administrative Official of the
248	Federation; he/she shall direct staff (volunteers) and administer the policies of the Federation
249	on a day to day basis.
250	
251	Section 2. The Executive Director shall assist the Board of Directors in preparing the annual
252	budget.
253	Section 2 The Executive Director shall be entitled to ottend meeting of the Deard of Directors
254	Section 3. The Executive Director shall be entitled to attend meeting of the Board of Directors and shall be a non voting member of all committees.
255 256	and shan be a non voting member of an commutees.
230 257	Section 4. The Executive Director shall be retained by majority vote of the Board of Directors;
257	he/she may be removed at any time, with or without cause, by majority vote of the Board of
258	Directors without prejudice to any contract rights.
260	Directors without prejudice to any contract rights.
261	Section 5. The Board of Directors decides when and if there will be an Executive Director.
262	Security of The Bound of Briefford declades when and in there will be an Executive Briefford.
263	Article VIII
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265	Committees
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267	Section 1. The Board of Directors shall have the power to establish standing or special
268	committees and to prescribe their duties.
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270	Section 2. All committee shall submit and annual report of its activities.
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272	Article IX
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274 275	T o promote fair play in sport, in particular, to play a leading role in the fight against doping both within Athletics and externally in the wider sporting community and to develop and maintain
276	programs of detection, deterrence and education which are aimed at the eradication of the
277	scourge of doping within sport.
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280	Article X
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283	Sanctioning
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285	Section 1. The Federation will review requests submitted by member organizations or persons
286	for a sanction to hold a Track & Field events in the U.S.Virgin Islands or to sponsor U.S.Virgin
287	islands to competition.
288	istands to competition.
289	Section 2. The Federation will grant a sanction requested by an amateur sports organization or
20)	person:
290 291	person.
291	a. To hold the competition if such amateur sports organization or person 1) pays required fee
292 293	2) demonstrates that
293 294	2) demonstrates that
294 295	i. proper safety precautions have been taken to protect the personal welfare of the athletes,
295 296	spectators, volunteers
290 297	speciators, voluncers
297 298	ii. the competition will be conducted by qualified officials
298 299	In the competition will be conducted by quantical officials
300	
	iii. appropriate measures have been taken to protect the amateur status of athletes who will take
301	part in the competition and to protect their eligibility to compete in amateur athletic
302	competition;
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304	b. To sponsor U.S. Virgin Islands amateur athletes to compete in Track & Field outside the
305	U.S.Virgin Islands if such a person
306	1) pays required fee
307	2) submits letter requesting sanction
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310	Article XI
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312	Complaint and Hearing Process
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314	Section 1. Any member of the Federation may file a written complaint with Federation
315	pertaining to any matter within the cognizance of the Federation.
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317	Section 2. The Board of Directors shall determine whether the grievance should be:
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320 a. dismissed 321 b. sought to be resolved by informal means, or 322 c. set for hearing 323 324 Section 3. In the event the Board of Directors sets the matter for hearing, all parties shall have a 325 right to counsel, to present evidence and cross examine witnesses. 326 327 328 Section 4. adhere to IAAF Rule 21 as regards to all disputes whether doping or non-doping related. 329 330 Section 5 The Board of Directors shall render a decision within seven days of the hearing. 331 332 Article XII 333 Amendments to the Bylaws 334 335 Section 1. Bylaws may be enacted, repealed or amended by a majority vote of the members 336 voting either at a meeting or the membership, or, by mail ballot. 337 338 Section 2. All proposed amendments must be submitted, in writing thirty days prior to the 339 meeting of which are to be considered. 340 341 Section 3. If amendment proposals are to be considered by mail ballots, all proposed 342 amendments, together with a report and recommendation from the Board of Directors, shall be 343 mailed thirty days prior to deadline for receipt of votes. 344 345 346 Article XIII 347 Counsel 348 349 The Board of Directors may select a licensed attorney as General Counsel who shall advise and 350 consult with the officers and agents of the Federation, renter legal advice and assistance, as may be 351 requested, and perform other duties delegated to him/her. 352 353 354 Article XIV 355 356 Indemnification 357 358 This federation shall immediately indemnify any person who was or is a party or is threatened to be 359 made a party to any threatened, pending, or completed action, suit or processing, whether civil, 360 administrative or investigative, by reason of the fact that he or she is or was director, officer, 361 employee or official representative of this federation against expenses, including and reasonably 362 incurred by him or her in connection with such action suit or proceeding, if he or she acted in 363 good faith and in a manner he or she reasonably believed to be in or not opposed to the best 364 1 .1 . .

- proceeding by judgment, order, settlement, conviction, or upon a plea of nolo contendere or its equivalent, not act in good faith and in a manner which he or she reasonably believed to be in or not opposed to the best interests of this federation.