



RUN

WALKERS WELCOME

The Annual Cane Bay 5 Miler..

7:00 A.M. Saturday December 20, 2014

- ☐ Cane Bay Beach St. Croix, Virgin Islands
- ☐ Sponsored by: LNL Publishing
- ☐ Organized by: **The Virgin Islands Pace Runners**
- ☐ Sanctioned by: The Virgin Islands Track & Field Federation

Entry Fee:\$10.00

RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition as ascertained by a licensed physician, to run 5 miles in high heat and humidity with limited traffic control on public roads. I further release all sponsors and volunteers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission to use my name and/or picture in any account of this race.

PRINT NAME: _____ AGE: ___ SEX: ___ FEDERATION# _____

MAILING ADDRESS: _____ PHONE: _____

YOUR ORGANIZATION, SCHOOL, CLUB: _____ email _____

COUNTRY OF RESIDENCE: _____

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN IF YOU ARE UNDER 18 YEARS OF AGE:

_____ DATE: _____