

PRIZES?..10 TURKEYS...MEDALS...FOR THE FASTEST...BEST COSTUME



RUN



WALKERS WELCOME

The Annual Cane Bay 5 Mile—Jingle Bell Run...

7:00 A.M. Saturday December 21, 2013

- ◆ Cane Bay Beach St. Croix, Virgin Islands
- ◆ Sponsored by: LNL Publishing
Organized by: **The Virgin Islands Pace Runners**
- ◆ Sanctioned by: The Virgin Islands Track & Field Federation

RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition as ascertained by a licensed physician, to run 5 miles in high heat and humidity with limited traffic control on public roads. I further release all sponsors and volunteers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission to use my name and/or picture in any account of this race.

PRINT NAME: _____ AGE: _____ SEX: _____ FEDERATION# _____

MAILING ADDRESS: _____ PHONE: _____

YOUR ORGANIZATION. SCHOOL, CLUB: _____ email _____
COUNTRY OF RESIDENCE: _____

SIGNATURE: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN IF YOU ARE UNDER 18 YEARS OF AGE:

DATE: _____