



The Virgin Islands Track & Field Federation

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Interim policy for CARIFTA qualification...

The Virgin Islands Track and Field Federation announces that all athletes interested in qualifying for the V.I. CARIFTA Team for March 30 to April 2, 2018 Bahamas WI are urged to seek qualifying competitions in the region or elsewhere and report official results accordingly.

This is an interim policy required due to the non-availability of tracks in the territory that are closed while construction is being completed (will update on the status of tracks as presented with the opportunity).

CARIFTA Qualifying Standards

BOYS UNDER 20 athletes Born 2000 or later
GIRLS UNDER 20 athletes Born 2000 or later
BOYS UNDER 17 athletes Born 2003 or later
GIRLS UNDER 7 athletes Born 2003 or later
Ages are as of December 31st, 2019.

Coaches:

1. Please review the standards for CARIFTA 2019
2. Please complete the VITFF Coaches registration form and the Coaches Code of Conduct forms and pay annual registration fee.
3. Please have athletes register with the VITFF for the 2019 season...
4. Please update passports and have athletes update passports.
5. Please indicate to the VITFF those athletes you are aware of and familiar with who reside outside the Virgin Islands as well as local residing athletes who are eligible for V.I. CARIFTA Team
6. Please indicate to the VITFF your candidates for the V.I. CARIFTA Team
7. Please have your club register with VITFF

Note: Registration forms for: Athletes, Coaches, Volunteers, Clubs, etc. and the Coaches Code of Conduct as well as the 2019 calendar can be found as follows:



Registration:

To register as: Athlete | Coach | Tech/Official | Volunteer | Parent | Club/Org Logon to:

<http://virginislandspace.org/vitff.html>

VIRGIN ISLANDS CARIFTA GAMES 2019 QUALIFICATION STANDARDS				
EVENT	U17 GIRLS	U20 GIRLS	U17 BOYS	U20 BOYS
100m	12:15	11.80	11.10	10.70
200m	24:65	24.20	22.30	21.60
400m	58.00	56.00	49.70	48.50
800m	2:18:00	2:15:00	1:59.00	1:55.00
1500m	4:55:00	4:48:00	4:18:00	4:04.00
3000/5000m	11:00	11:00	9.55	16.30
100/110h	15:00	14.85	14.00	14.50
300/400h	45.00	01.02.70	56.00	54.00
LJ	5.35m	5.70	6.70	7.20
HJ	1.65m	1.74	1.90m	2.00
TJ	11.00m	12.50	13.50m	14.80
DISCUS	34.00	38.65	41.50m	45.00
JAVELIN	35.00	40.00	52.00m	58.00
SHOT PUT	11.00	12.50	13.80m	15.50
POLE VAULT			3.20m	3.90m
PENTATHLON (Open)		3180PTS	HEPTATLON	4500PTS
Subject to revision....				

