

V.I. PACE RUNNERS BULLETIN: May 4, 2014 Paradise 5K and The Children Run Christiansted...introduce triathlon weekend...



Triathlon weekend in St. Croix had its traditional kick-off with the running of The 26th Paradise 5K and the 16th Children Run Christiansted (formerly The King St. Dash). Both of these events were designed to provide local runners to compete at the venue of one of the world's most respected triathlon and share the atmosphere the triathlon brings to St. Croix.

The Children Run Christiansted

The largest field ever for this event for boys and girls 13 and under made it to the starting line on Friday at sunset and for the kick-off of the annual triathlon Jump-Up festivities. Over 200

runners ran in the event which is from Sunday Market Square on King St. to the Christiansted Historic Site of the National Park Service, the same route and finish line of the triathlon.

Although it is a footrace as an added attraction this year is was titled "The 16th Annual Children Run Christiansted...Live and In Color" with color particles tossed over the runners at the start of the race. Traditional awards to overall and age group winners was put aside this year and every runner received a medal and certificate. In addition, each participant will have a chance to win a prize by entering the online quiz which ask questions about the history of Christiansted, the triathlon and the Children Run Christiansted.

NOTES:

1] With the emphasis placed on the fun aspect of running this year, there are no awards for placing...each participant received a medal/ribbon and a certificate for their participation (time and place will be provided on request by email to: <u>isv@mf.iaaf.org</u>)

2] The boy and the girl who participated in this year's Children Run Christiansted and is first to answer most the following questions wins a prize...to participate in THE CHILDREN RUN CHRISTIANSTED HISTORY QUIZ Logon to: <u>http://virginislandspace.org</u>

3] If you still have a timing chip, please call: 340-643-2557

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