

**RUN**

The CoastWeeks

# Annual Beach Relay



Saturday October 5, 2013 7:00 A.M.  
Ha Penny Beach—St. Croix

Awards to the top teams—Certificates to all participants—Open to all  
In cooperation with: The UVI's V.I. Marine Advisory Service,  
V.I. Waste Management Authority  
Ocean Conservancy

Organized by **The Virgin Islands Pace Runners**

**FREE**



**FREE**

## RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition, as ascertained by a licensed physician, to run approximately 2 miles in high heat and humidity with limited course control on public and private beach and grounds. I further release all sponsors, volunteers and organizers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission to use my name and/or picture in any account of this race.

Print Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Federation#: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Your organization, school, Club: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of parent or guardian if you are under 18 years of age:

\_\_\_\_\_ Date: \_\_\_\_\_

My teammate: \_\_\_\_\_ Team Name: \_\_\_\_\_

This is an International Coastal Cleanup project, under the international coordination of:  
**The Center for Marine Conservation**

<http://virginislandspace.org>