



## UPDATED RACE INFORMATION...

Start 6am Sunday December 7. Estate Green Kay...

## REGISTRATION

Registration forms are available as follows:

<http://virginislandspace.org/halfmareentry08.pdf>

At Stamina Sports in Estate Richmond, Christiansted

Online at active.com

Please turn registration forms/entry fee in to Stamina Sports in Golden Rock before end of day on Saturday (this is a change from the Buccaneer)

The pre-race carbo dinner has been canceled (given number of off-island registrants)

The race fee has been reduced to \$35.00 (given cancelation of carbo-diner).

Please make checks payable to: The Virgin Islands Pace Runners.

Runners who have registered via Active.com will be reimbursed as per reduced fee.

## TIMING

ChampionChip timing will be used. Your chip and race number for timing and race scoring will be issue on race day. Chips must be returned after the race to avoid charge to receive your goodie bag!

## AWARDS

Race T-shirt, Olympic Pin, V.I.Pace Runners Pin, Race Certificate, Trophies, medals and post-race refreshments will be provided following the race near the finish line.

**NOTE: goodie bag will be provided following the race as you return your Chip.**

## Course

The Aims/IAAF certification is pending (on Sunday you will run in the left lane with traffic, the course is not closed!)

Logon to: <http://virginislandspace.org/Visio-vihalfmarvisio.pdf> for race map.

**NOTE: With the certified route runners would be allowed to run the tangents (switching lanes) with the course closed to traffic. Sunday's race will not be closed to traffic!**

## **RUN IN THE LEFT LANE!!!**

The route remains the same with the start Estate Southgate near Cheeseburgers In Paradise and counter-clockwise around the east end loop.

## AID STATIONS

Water, Gatorade, provided: 5k (Mt. Fancy), 10k (Divi Carina Bay Resort), 8m (Yacht Club), 10m (Fire Station/Cotton Valley), 11m (Coakley Bay).

## ORGANIZATION

This race is organized by the Virgin Islands Pace Runners on even-numbered years and held in St.Croix. It is organized by STAR (The St.Thomas Association of Road Runners) on odd-numbered years and held in St.Thomas.

This race is sanctioned by the Virgin Islands Track and Field Federation and is designated as the V.I. National Championships.

## RACE SUPPORT

The Virgin Islands Police Department, St.Croix Rescue, St.Croix Track Club, The Buccaneer Hotel, Stamina Sports, Cheeseburgers In Paradise, The V.I. Track and Field Federation, The Virgin Islands Olympic Committee, V.I.Pace Runners/coordinators/volunteers.

## 2009 RACE

For 2009 The Virgin Islands Track and Field Federation has been awarded the NACAC (North America, Central America and Caribbean) Half-Marathon Championships. This race will be organized by the V.I.Pace Runners and run in St.Croix.

Yet to be decided

1.) A determination will be made as to whether the 35<sup>th</sup> V.I. Half-Marathon 2009 race will be designated as the NACAC Championships thus meaning it will be run in St.Croix and will be open to age-group runners among others. If not, a separate race will be designated for the championships (will allow age-group and others to run).

2.) Which course will be used to run the race. The V.I.Half-Marathon originated in St.Thomas and came to St.Croix in the 80's in the alternating format under the sponsorship of Mc Donald's of the V.I. This race has been run over several St.Croix courses including the Beeston Hill to Fort Frederik via Queen Mary Highway IAAF certified course (used in 1998) for the Emancipation Celebration, the current east end loop, mid-island and north shore. Thus an existing course most likely will be used or a new one designated.

3.) Race Date—traditionally this race has been held on the Sunday following Thanksgiving. 2009 will be determined by the recommendation of NACAC and other factors. The tentative date is December 5-6.

The revisions for this year's race are due to the less than anticipated number of registrants from outside of the V.I.