



# AMENDMENTS TO THE IAAF COMPETITION RULES

Amendments as approved by the IAAF Council in April 2011

Amendments in force as from 1<sup>st</sup> May 2011



# IAAF COMPETITION RULES

## CHAPTER 1 – INTERNATIONAL COMPETITIONS

N°	Rule	Page	Action	Current	Approved	Reason	By	Comments
<b>Definitions</b>								
<b>Athletes' Representative</b>								
1	N/A	N/A	Add new		<b><i>Athletes' Representative</i></b> A person who is duly authorised and registered as an Athletes' Representative in accordance with the IAAF Athletes' Representative Regulations.	This is new definition used in Rule 7.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011
<b>Athletes' Representative Regulations</b>								
2	N/A	N/A	Add new		<b><i>Athletes' Representative Regulations</i></b> The IAAF Athletes' Representative Regulations as may be passed by the Council from time.	This is new definition used in Rule 7.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011
<b>Athletes' Representatives</b>								
3		23	Amend	1. Athletes may use the services of an authorised Athletes' Representative to assist them in the planning, arranging and negotiation of their athletics programme and, in that connection, of sponsorship contracts. Alternatively, athletes may represent themselves or delegate this task to a relative on a non-contractual basis. 2. Athletes in the IAAF Top-30 List in a standard event as of the end of a calendar year shall not, during the following year, enter into or extend an agreement to use the services of an unauthorised Athlete's Representative. 3. Members acting reasonably shall be responsible for the authorisation of Athletes' Representatives. Each Member shall have jurisdiction over	1. Athletes may use the services of an authorised Athletes' Representative to assist them in the <del>planning, arranging and</del> negotiation of their Athletics programme and in such other matters as they may agree. <del>including the negotiation of sponsorship contracts.</del> <b>Alternatively, athletes may negotiate their own Athletics programmes.</b> 2. Athletes in the IAAF Top-30 List in a standard event as of the end of a calendar year shall not, during the following year, enter into or extend an agreement to use any person in respect of the above services who is not an Athlete's Representative. 3. Members acting reasonably shall be responsible for the authorisation <b>and recognition</b> of Athletes'	These are consequential amendments to Rule 7 upon finalisation of the Athletes' Representatives Regulations.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011

			<p>Athletes' Representatives acting on behalf of their athletes and over Athletes' Representatives acting within their Country or Territory or over Athletes' Representatives who are nationals of their Country.</p> <p>4. To assist Members in this task, the Council may publish Regulations governing Athletes' Representatives. The Regulations may provide mandatory requirements which shall be included in each Member's regulations governing Athletes' Representatives, including:</p> <ul style="list-style-type: none"> <li>- the standard form "Athlete's Representative Agreement";</li> <li>- the application for registration as a Member Federation authorised Athlete's Representative.</li> </ul> <p>5. It is a condition of Membership that each Member includes a provision in its constitution, that all agreements between an athlete and an Athletes' Representative should comply with the Rules and Regulations governing Athletes' Representatives.</p> <p>6. The Athletes' Representative shall have integrity and good reputation. He shall demonstrate sufficient education and knowledge for the activity of Athletes' Representative by successfully completing an Athletes' Representative examination established and organised in accordance with the Regulations.</p> <p>7. Each Member shall</p>	<p>Representatives. Each Member shall have jurisdiction over Athletes' Representatives acting on behalf of its athletes and over Athletes' Representatives acting within its Country or Territory or Athletes' Representatives who are nationals of its Country.</p> <p>4. To assist Members in this task, the Council <b>shall</b> publish Regulations governing Athletes' Representatives. The Athletes' Representative Regulations <b>shall</b> provide for mandatory requirements to be included in each Member's regulations governing Athletes' Representatives.</p> <p>5. It is a condition of Membership that each Member includes a provision in its constitution that all agreements between an athlete and an Athletes' Representative shall comply with the Rules and the Athletes' Representatives Regulations.</p> <p>6. <b>An</b> Athletes' Representative shall have integrity and good reputation. <b>If required to do so</b>, he shall demonstrate sufficient education and knowledge of the activity of Athletes' Representatives by successfully completing an examination established and organised in accordance with the Athletes' Representative Regulations.</p> <p>7. Each Member shall annually provide to the IAAF a list of all Athletes' Representatives that it has authorised <b>or recognised</b>. The IAAF shall</p>		
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			<p>annually provide to the IAAF a list of all Athletes' Representatives that it has authorised. The IAAF shall annually publish an official list of authorised Athletes' Representatives.</p> <p>8. Any athlete or Athletes' Representative who does not comply with the Rules and Regulations, may be subject to sanctions in accordance with the Rules and Regulations.</p>	<p>annually publish an official list of all Athletes' Representatives.</p> <p>8. Any athlete or Athletes' Representative who does not comply with the Rules and Regulations may be subject to sanctions in accordance with the Rules and Regulations.</p>			
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# IAAF COMPETITION RULES

## CHAPTER 2 – ELIGIBILITY

N°	Rule	Page	Action	Current	Approved	Reason	By	Comments
	22	<b>Ineligibility for International and Domestic Competitions</b>						
4		29		<p>1. The following persons shall be ineligible for competitions, whether held under these Rules or the rules of an Area or a Member.</p> <p>Any athlete, athlete support personnel or other person:</p> <p>(a) whose National Federation is currently suspended by the IAAF. This does not apply to national competitions organised by the currently suspended Member for the Citizens of that Country or Territory;</p> <p>(b) who has been provisionally suspended or declared ineligible under the rules of his National Federation from competing in competitions under the jurisdiction of that National Federation, in so far as such suspension or ineligibility is consistent with these Rules;</p> <p>(c) who is currently serving a period of provisional suspension from competition under these Rules;</p> <p>(d) who has been declared ineligible as a result of a breach of the Anti-Doping Rules (Chapter 3);</p> <p>(e) who has been declared ineligible as a result of a breach of any other Rule or Regulation under Rule 60.4.</p> <p>2. If an athlete competes (or an athlete support personnel or other person participates) in a competition, whether held under these Rules or the rules of an Area or Member, whilst ineligible to do so under the Anti-Doping Rules</p>		<p>The Council has approved these amendments as an urgent matter to give effect to the new Rule 141 (Age/Sex Categories) and the HA and Sex Reassignment Regulations published by Council under Rule 141 which shall also come into force as from 1 May 2011.</p> <p>This is consequential upon the changes made to Rule 141 (Age/Sex categories).</p> <p>This is consequential upon the changes made to Rule 141 (Age/Sex categories).</p>	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011
			<p>Replace with new 22.1(d) and re-letter existing (d) and (e) accordingly</p> <p>Replace with new 22.2 and re-number existing 22.2 and 22.3 accordingly</p>	<p>(d) who does not meet the eligibility requirements set out in Rule 141 or the Regulations</p> <p>(e) who has been declared ineligible as a result of a breach of the Anti-Doping Rules (Chapter 3);</p> <p>(f) who has been declared ineligible as a result of a breach of any other Rule or Regulation under Rule 60.4.</p> <p><b>2. If an athlete competes in a competition when not eligible to do so under Rule 141 or the Regulations thereunder, without prejudice to any other disciplinary</b></p>				

			<p>(Chapter 3), the consequences set out in Rule 40.11 shall apply.</p> <p>3. If an athlete competes (or an athlete support personnel or other person participates) in a competition, whether held under these Rules or the rules of an Area or Member, whilst ineligible to do so under any other Rule, the period of his ineligibility shall recommence from the time he last competed as though no part of a period of ineligibility had been served.</p>	<p><b>action that may be taken under the Rules, the athlete and any team in which the athlete competed shall be disqualified from the competition with all resulting consequences for the athlete and the team, including the forfeiture of all titles, awards, medals, points and prize and appearance money.</b></p> <p>3. If an athlete competes (or an athlete support personnel or other person participates) in a competition, whether held under these Rules or the rules of an Area or Member, whilst ineligible to do so under the Anti-Doping Rules (Chapter 3), the consequences set out in Rule 40.11 shall apply.</p> <p>4. If an athlete competes (or an athlete support personnel or other person participates) in a competition, whether held under these Rules or the rules of an Area or Member, whilst ineligible to do so under any other Rule, the period of his ineligibility shall recommence from the time he last competed as though no part of a period of ineligibility had been served.</p>		
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# IAAF COMPETITION RULES

## CHAPTER 3 – ANTI-DOPING & MEDICAL

## IAAF Medical Rules

*[To follow on from the IAAF Anti-Doping Rules in the current Chapter 3]*

The Council has approved new Rules 48 until 51 as an urgent matter to give effect to the new the HA and Sex Reassignment Regulations published by Council under Rule 141 which shall also come into force as from 1<sup>st</sup> May 2011.

### (N° 5) RULE 48 IAAF Medical Organisation

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1. The IAAF shall principally act under these Medical Rules by the following person(s) or bodies:
  - (a) the Medical and Anti-Doping Commission; and
  - (b) the Medical Manager.

#### ***The Medical and Anti-Doping Commission***

2. The Medical and Anti-Doping Commission is appointed as a Commission of the Council under Article 6.11(j) of the Constitution to provide the IAAF with general advice on all medical matters.
3. The Medical and Anti-Doping Commission shall meet at least once a year, normally at the beginning of each calendar year, in order to review the IAAF's medical activities in the preceding 12 months and to establish its programme for the year ahead. The Medical and Anti-Doping Commission shall consult on medical matters on a regular basis throughout the course of the year, as the need may arise.
4. The Medical and Anti-Doping Commission shall have responsibility for the following further specific tasks under these Medical Rules:
  - (a) to establish policies or issue statements on medical matters in Athletics;
  - (b) to publish general information for practitioners on sports medicine issues as applied to Athletics;
  - (c) to advise the Council where necessary on any Regulations related to medical issues arising in Athletics;
  - (d) to organise and/or participate in seminars on sports medicine issues;
  - (e) to issue recommendations and guidelines on the organisation of medical services at International Competitions;
  - (f) to publish educational materials relating to medical care in Athletics with the view to raising the general level of awareness on sports medicine issues amongst Athletes and Athlete Support Personnel;
  - (g) to address any specific sports medicine issues which may arise in Athletics and to make recommendations on these issues accordingly; and
  - (h) to liaise with the IOC and other relevant organisations involved in sports medicine as appropriate.
5. The Chairperson of the Medical and Anti-Doping Commission may delegate such of these specific tasks to working groups as he considers appropriate. In doing so, he may also call upon external experts to provide further specialist medical advice as may be required.

### ***The Medical Manager***

6. The Medical Manager shall be a medically qualified person within the Medical and Anti-Doping Department who shall be responsible for:
  - (a) co-ordinating the various tasks conferred upon the Medical and Anti-Doping Commission (or delegated to working groups) under these Medical Rules;
  - (b) monitoring the implementation of any policies, statements, recommendations or guidelines that have been issued by the Medical and Anti-Doping Commission;
  - (c) managing the administration of TUEs in accordance with the Anti-Doping Regulations;
  - (d) taking any decisions on athlete eligibility as may be required under the Regulations; and
  - (e) generally dealing with any matters of a medical nature that arise during the course of the IAAF's activities.
7. The Medical Manager may at any time in the course of his work seek an advisory opinion from the Chairperson of the Medical and Anti-Doping Commission or from such other person as he considers appropriate. He shall report to the Medical Commission at least once a year and, more regularly, if called upon to do so.
8. Medical information processed by the Medical and Anti-Doping Department in the course of its activities under these Medical Rules shall be treated under strict confidentiality and in accordance with applicable data privacy laws.

### **(N°6) RULE 49 Athletes**

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1. Athletes are responsible for their own physical health and for their own medical supervision.
2. By entering into an International Competition, an Athlete specifically releases the IAAF (and its respective Members, directors, officers, employees, volunteers, contractors or agents) from any liability to the extent permitted by law for any loss, injury or damage that he may suffer in relation to or as a result of his participation in the International Competition.

### **(N°7) RULE 50 Member Federations**

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1. Notwithstanding the provisions of Rule 49 above, Member shall use best efforts to ensure that all Athletes under their jurisdiction competing in International Competitions are in a state of physical health that is compatible with elite level competition in Athletics.
2. Every Member shall use best efforts to ensure that appropriate and continuous medical monitoring of its Athletes is undertaken either internally or through an approved external body. It is further recommended that Members organise for a Pre-Participation Medical Examination (PPME) to be carried out in the form recommended by the IAAF Medical Guidelines on each Athlete that it enters for an International Competition under Rules 1.1(a) and 1.1(f).
3. Every Member shall appoint at least one team doctor to provide its Athletes with the necessary medical care in the lead up to and, wherever possible, during International Competitions under Rules 1.1(a) and 1.1(f).

**(N°8) RULE 51**  
**Medical/Safety Services at International Competitions**

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1. Organising Committees shall be responsible for providing adequate medical services and for taking appropriate safety/security measures during International Competitions. The required medical and safety/security services may vary according to following factors: the size and nature of the competition, the category and number of Athletes participating, the number of support staff and spectators, the health standards of the country where the competition takes place and the prevailing environmental conditions (climate, altitude...).
2. The Medical and Anti-Doping Commission shall issue and keep updated practical guidelines to assist Organising Committees in providing adequate medical services and taking appropriate safety measures at International Competitions.
3. Specific medical and safety requirements may be required under these Rules for certain categories of event (Road races, Race walking...).
4. The medical services and safety measures to be provided at an International Competition shall include at a minimum:
  - (a) general health care for Athletes and accredited persons at the main site of the competition and at the Athletes' place of accommodation;
  - (b) first aid and emergency care for Athletes, staff, volunteers, media and spectators at the main site of the competition;
  - (c) safety surveillance;
  - (d) co-ordination of emergency and evacuation plans; and
  - (e) co-ordination of any special medical services as appropriate.
5. A medical director shall be appointed by the Organising Committee for each International Competition organised under Rule 1.1(a) to prepare and co-ordinate the medical services and safety requirements during the competition. The Medical Manager shall be the liaison between the IAAF and the Organising Committee for all medical and safety-related matters.
6. At International Competitions organised under Rule 1.1(a), a Medical Delegate shall also be appointed by the IAAF who, in accordance with Rule 113, shall ensure that adequate facilities for medical examination, treatment and emergency care are available at the site of the competition and that medical attention can be provided where the Athletes are accommodated.



# PROPOSAL TO AMEND THE IAAF COMPETITION RULES

## CHAPTER 4 – DISPUTES

N°	Rule	Page	Action	Current	Approved	Reason	By	Comments
	60				Disputes			
9	60.5(f)	100	Amend	<p><i>(In force as from 1st April 2010 – see IAAF Website)</i></p> <p><b>Disputes Involving Athletes, Athletes Support Personnel and Other Persons</b></p> <p>5. In the event of an alleged breach of Rule 60.4, the following procedures shall apply:</p> <p>...</p> <p>(f) If the relevant hearing body of the Member, after hearing the evidence, decides that the athlete, athlete support personnel or other person concerned is in breach of the relevant Rule or Regulation, it shall declare the person ineligible from international and domestic competitions for a period set out in Guidelines produced by the Council. If the athlete, athlete support personnel or other person has waived his right to a hearing, the Member shall declare the person ineligible from international and domestic competitions for a period set out in Guidelines produced by Council. In the absence of such Guidelines, the relevant hearing body or the Member, as appropriate, shall determine the appropriate period of the person's ineligibility.</p>	<p><b>Disputes Involving Athletes, Athletes Support Personnel and Other Persons</b></p> <p>5. In the event of an alleged breach of Rule 60.4, the following procedures shall apply:</p> <p>...</p> <p>(f) If the relevant hearing body of the Member, after hearing the evidence, decides that the athlete, athlete support personnel or other person concerned is in breach of the relevant Rule or Regulation, it shall declare the person ineligible from international and domestic competitions for a period set out in Guidelines produced by the Council <b>or impose such other sanction as may be appropriate in accordance with sanctions approved by the Council.</b> If the athlete, athlete support personnel or other person has waived his right to a hearing, the Member shall declare the person ineligible from international and domestic competitions for a period set out in Guidelines produced by Council <b>or impose such other sanction as may be appropriate in accordance with sanctions approved by the Council.</b> In the absence of such Guidelines <b>or other sanctions approved by the Council,</b> the relevant hearing body or the Member, as appropriate, shall determine the appropriate period of the person's ineligibility <b>or other sanction.</b></p>	<p>The Council, during its meeting 15/16 March 2010 in Doha, Qatar Approved interim amendments to Rule 60 as shown in the "Current Colum, as well as additional amendments during its meeting on 11/12 April 2011 in Daegu, Korea as explained below. In the event that an athlete or Athletes' Representative is found in breach of Rule 7 or the AR Regulations following a disciplinary procedure conducted in accordance with Rule 60, a framework of sanctions is anticipated under the Athletes' Representatives Regulations (see Chapter 10.2 and 10.5 of the AR Regulations). This amendment to Rule 60 makes it clear that sanctions other than ineligibility may be imposed in such cases.</p>	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011



# PROPOSAL TO AMEND THE IAAF COMPETITION RULES

## CHAPTER 5 – TECHNICAL

N°	Rule	Page	Action	Current	Approved	Reason	By	Comments
	113			<b>Medical Delegate</b>				
10		111	Delete last sentence	The Medical Delegate shall have ultimate authority on all medical matters. He shall ensure that adequate facilities for medical examination, treatment and emergency care will be available at the site of the competition and that medical attention can be provided where athletes are accommodated. The Medical Delegate shall also have authority to arrange for the determination of the gender of an athlete should he judge that to be desirable.	The Medical Delegate shall have ultimate authority on all medical matters. He shall ensure that adequate facilities for medical examination, treatment and emergency care will be available at the site of the competition and that medical attention can be provided where athletes are accommodated. <del>The Medical Delegate shall also have authority to arrange for the determination of the gender of an athlete should he judge that to be desirable.</del>	The Council has approved this amendment as an urgent matter to give effect to the new the HA and Sex Reassignment Regulations published by Council under Rule 141 which shall also come into force as from 1st May 2011.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011
	141			<b>Age / Sex Categories</b>				
11		125	Amend and add new Sex Categories	The following definitions apply to the age groups recognised by IAAF:  Youth Boys and Girls: Any athlete of 16 or 17 years on 31st December in the year of the competition. Junior Men and Women: Any athlete of 18 or 19 years on 31st December in the year of the competition. Master Men and Women: Any athlete who has reached his/her 35th birthday for stadia events and his/her 40th birthday for out-of-stadia events.	<b>Age Categories</b> <b>1. Competition under these Rules may be divided into age group classifications as follows:</b>  Youth Boys and Girls: Any athlete of 16 or 17 years on 31st December in the year of competition. Junior Men and Women: Any athlete of 18 or 19 years on 31st December in the year of the competition. Masters Men and Women: Any athlete who has reached his 35th birthday for stadia events and his 40th birthday for out-of-stadia events.  <b>2. An athlete shall be eligible to compete in an age group competition under these Rules if he is within the age range specified in the relevant age group classification. An athlete must be able to provide proof of his age through presentation of a valid</b>	The Council has approved this amendment as an urgent matter to give effect to the new the HA and Sex Reassignment Regulations published by Council which shall also come into force as from 1st May 2011.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011

					<p>passport. An athlete who fails or refuses to provide such proof shall not be eligible to compete.</p> <p><b>Sex Categories</b></p> <p>1. Competition under these Rules is divided into men's and women's classifications (unless a Mixed Competition is organised in one of the limited cases set out in Rule 147 below).</p> <p>2. An athlete shall be eligible to compete in men's competition if he is recognised as a male in law and is eligible to compete under the Rules and Regulations.</p> <p>3. An athlete shall be eligible to compete in women's competition if she is recognised as a female in law and is eligible to compete under the Rules and Regulations.</p> <p>4. The Council shall approve Regulations to determine the eligibility for women's competition of (a) females who have undergone male to female sex reassignment; and (b) females with hyperandrogenism. An athlete who declines, fails or refuses to comply with the applicable Regulations shall not be eligible to compete.</p>			
	<b>166</b>	<b>Seedings, Draws and Qualification in Track Events</b>						
<b>12</b>	166.1	148	Add	<p><b><i>Rounds and Heats</i></b></p> <p>1. Preliminary rounds shall be held in Track Events in which the number of athletes is too large to allow the competition to be conducted satisfactorily in a single round (final). Where preliminary rounds are held, all athletes must</p>	<p><b><i>Rounds and Heats</i></b></p> <p>1. Preliminary rounds shall be held in Track Events in which the number of athletes is too large to allow the competition to be conducted satisfactorily in a single round (final). Where preliminary rounds are held, all athletes must compete</p>	This amendment is needed in order to assure that the procedure that Council approved for the 100 metres at the 2011 World Championships and the 2012 Olympic Games conforms to the Rules.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011

				compete in, and qualify through, all such rounds.	in, and qualify through, all such rounds <b>except that at the discretion of the body having the control over a competition, under Rule 1.1 (a), (b), (c) and (f), there may be a preliminary qualification round that is limited to athletes who have not met the entry standard(s) for the competition.</b>			
	<b>183</b>	<b>Pole Vault</b>						
<b>13</b>	183.11	174	Amend and add Note	11. ... The pole may have protective layers of tape at the grip and of tape and/or any other suitable material at the bottom end.	11. ... The pole may have <del>protective</del> layers of tape at the grip <b>end (to protect the hand)</b> and of tape and/or any other suitable material at the bottom end <b>(to protect the pole). Any tape at the grip end must be uniform except for incidental overlapping and must not result in any sudden change in diameter, such as the creation of any "ring" on the pole.</b>	Using "rings" on vaulting poles. The aim is to support and not to allow displacing of the lower hand.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011
	<b>187</b>	<b>General Conditions</b>						
<b>14</b>	187.14	186	Amend	14. It shall be a failure if an athlete in the course of a trial: (a) improperly releases the shot or the javelin, (b) after he has stepped into the circle and begun to make a throw, touches with any part of his body the top of the rim or the ground outside the circle, (c) in the Shot Put, touches with any part of his body any part of the stop board other than its inner side, ...	14. It shall be a failure if an athlete in the course of a trial: (a) improperly releases the shot or the javelin, (b) after he has stepped into the circle and begun to make a throw, touches with any part of his body the top <b>(or the top inside edge)</b> of the rim or the ground outside the circle, (c) in the Shot Put, touches with any part of his body any part of the stop board other than its inner side <b>(excluding its top edge which is considered to be part of the top),</b> ...	To clarify that touching the top inside edge of the rim of the circle or the stop board is a foul.	Council	Interim amendment in force as from 1 <sup>st</sup> May 2011