

XVI PAN AMERICAN GAMES




TECHNICAL MANUAL

athletics



guadalajara 2011



Manual Técnico

*Este documento es susceptible de actualización,
es recomendable consultar el sitio oficial en
Internet: www.guadalajara2011.org.mx
para obtener la versión mas reciente del mismo.*

*Colección Editorial de Guías y Manuales del
Comité Organizador de los
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*Coordinación de contenido
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*Guadalajara, México
Octubre 2010*



Technical Manual

XVI PAN AMERICAN GAMES



Patron of the Games

President of the
United States of Mexico
Felipe Calderon Hinojosa



Host of the Games

Jalisco State Governor
Emilio Gonzalez Marquez



Host of the Games

Guadalajara Mayor
Jorge Aristoteles Sandoval Diaz



Host of the Games

President of the Mexican Olympic Committee
Felipe Muñoz Kapamas



Dear participants,

The mission of the XVI Pan American Games Organizing Committee is to celebrate an event with the best technical and organizational conditions so that athletes, technical delegates, leaders, the media and other guests may perform their respective duties without any obstacles.

This Technical Manual aims to establish the necessary guidelines for the solid development of your sport discipline competition during the celebration of the most important sporting event of the American Continent. The Manual also incorporates certain parameters defined by the International Federations and the Pan American Confederations.

This document will provide the information required by the National Olympic Committees, Federations and athletes in order to properly plan and participate in the XVI Pan American Games Guadalajara 2011, "America's Fiesta."

Our city is looking forward to welcoming the athletes from the Americas as well as every participant who will help make this sports celebration an unforgettable experience for our city and for the subsites where these Pan American Games will surely leave a legacy.

Sincerely,

A handwritten signature in grey ink, appearing to be 'C. Andrade Garín', written in a cursive style.

Carlos Andrade Garín

General Director

XVI Pan American Games Guadalajara 2011

Organizing Committee

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Mexico

Mexico is situated in the northern hemisphere of the American Continent. It borders the United States of America to the north, Guatemala and Belize to the south, the Gulf of Mexico to the east, and the Pacific Ocean to the west. Its territory has a total area of 1,964,375 km². The country is divided into 31 states and 1 Federal District.

Mexico offers a great variety of attractions including a heritage of Pre-Columbian civilizations, great archeological sites that shape the national identity and breathtakingly beautiful beaches. The country brings together the historical remains of cultures dating back thousands of years blended with the excitement of large cities. Mexico is unique thanks to its natural wealth combined with its remarkable historic elements and its internationally renowned infrastructure.

Mexico's diversity can be experienced throughout its 32 states, all of which offer an endless number of destinations where all sorts of leisure activities are there to be enjoyed.

As the birthplace of great painters like Diego Rivera and Frida Kahlo as well as acclaimed writers like Agustin Yañez, Juan Jose Arreola, Octavio Paz and Carlos Fuentes, Mexico was also home to impressive muralists like Jose Clemente Orozco and David Alfaro Siqueiros, all of whom are part of a rich culture characterized by the expressions of all Mexicans.

Guadalajara, host city of the upcoming Pan American Games is located in the State of Jalisco, known internationally by its Mexican identity icons like "charrería", "mariachi" music and Tequila.

Jalisco offers endless possibilities: Cultural, natural, touristic and gastronomic; all of which will give the America's Fiesta a color that is distinctly Mexican.



The City of Guadalajara

Guadalajara is the capital of the State of Jalisco. The city is located in the central region of the state and has a population of 1,600,940 people, making it the second largest city in Mexico.

The Guadalajara Metropolitan area also includes the municipalities of Zapopan, Tlaquepaque, Tonalá, Tlajomulco de Zuñiga and El Salto. Added together, the population for the metropolitan area totals 3,967,252 inhabitants according to the 2005 census.

Guadalajara is at an altitude of 1,567 meters above sea level and is one of the main cultural, economic, historic, industrial and religious centers in Mexico. All of this gives the city significant influence over the rest of the country.

“Tapatío” is the Spanish word used to refer to Guadalajara’s natives. The city is named in honor of the Spanish city of Guadalajara and the word may mean “rocky river”, “rocky valley” or “fort valley.”

Host of major events

The city was a subsite for the Mexico 1968 Olympic Games and the 1970 and 1986 football World Cups. It has also hosted several international events such as the first Ibero-American Summit in 1991 as well as the Latin American and the Caribbean-European Union Summits in 2004. In 2005, the city was named Cultural Capital of the Americas.

In 1987, the Guadalajara “Expo” Convention Center opened its doors and for the upcoming Pan American Games, the center will act as the International Broadcast Center, Technology Operations Center, Main Operations Center and the Main Press Center.

There are more than 25,000 hotel rooms in the City and the metropolitan area is a national leader in the investment and development of commercial centers.

Official currency

The peso is Mexico’s official currency and is represented by the symbol \$. The bills that are currently in circulation have a denomination of 20, 50, 100,



500 and 1,000 pesos. The coins in circulation are 10, 20 and 50 cents as well as 1, 5, 10 and 20 pesos.

Exchange rates vary on a daily basis so, previously consulting rates with specialized foreign exchange providers is highly recommended in order to find out about the latest exchange rate.

In Guadalajara, currency and traveler's cheques may be exchanged directly at currency exchange businesses, at some banks or at any airport. The most common currency exchange is between the US dollar and the Mexican peso, or between the Euro and the Mexican peso. Exchanging from dollar to peso is the most recommended transaction.

The official banking partner for the XVI Pan American Games Guadalajara 2011 is **Scotiabank**.

Credit and debit cards

Credit cards are widely used in Guadalajara as they are accepted in almost all business establishments, hotels, restaurants and travel agencies; however, it's a good idea to carry some domestic currency for incidental expenses. The most accepted cards include Visa, Master Card, Diner's Club and American Express.

Voltage

Electric current is at 110 volts at 60 MHz. It's the same voltage that is used in the United States and Canada. If your electronic devices run on 220 volts, you will need an adapter. Please note that the standard plugs are flat-pronged.

Business hours

Like most Mexican cities, office hours usually run from 9AM to 5PM. As for shopping centers, hours of operation run from 9AM to 8PM and while most open on Sundays, it's best to check before going.

Tipping

Tipping is not compulsory; however, at bars, restaurants, discotheques and night clubs, it is customary to leave a tip between 10 and 15 percent, not counting the value added tax (IVA) included in the bill.

For bellboys and valet parking attendants, a \$1 to \$2 US dollar tip for their service is customary in Guadalajara.





System of measurement

The system of measures used in Mexico is the Metric-Decimal system. Temperature is expressed in degrees Celsius and volume is expressed in liters.

Hospitality

“Tapatíos” are widely recognized for their warmth and hospitality. You are like to feel at home in Guadalajara.

If you need tourism assistance in Guadalajara, you should be able to go to one of the Board of Tourism information booths that will be located throughout the State of Jalisco during the Pan American Games. These kiosks will be strategically placed in or around the Pan American venues.

Guadalajara 2011 XVI Pan American Games

Mexico will host the Pan American Games for the third time (1955, 1975 y 2011), but this is the first time that the host city is not the capital of the country.

Opening Ceremony:

Friday, October 14, 2011

Competition:

From Friday to Sunday
October 14-30, 2011

Place:

Guadalajara, Jalisco, Mexico

Participants:

Approximately 5,900 athletes

Sports Program:

- 36 sports
- 43 disciplines
- 361 events

Subsites:

- Puerto Vallarta
- Ciudad Guzmán
- Lagos de Moreno
- Tapalpa



SPORTS CALENDAR XVI PAN AMERICAN GAMES

		october 2011																	
		T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
		13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
GUADALAJARA		-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
19	Wrestling									•	•	•	•						
20	Roller Skating												•		•				
21	Modern Pentathlon			•	•														
22	Racquetball									•	•			•					
23	Rugby Sevens																	•	
24	Softball											•							
25	Squash					•		•	•										
26	Taekwondo			•	•	•	•												
27	Tennis									•	•								
28	Table Tennis									•									
29	Archery				▨					•	•								
30	Shooting			•	•														
	Air			•	•														
	Trap-Fire					•	•	•	•	•		•							
31	Volleyball								•										
	Women's								•										
	Men's																	•	
		13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
PUERTO VALLARTA		-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	Aquatics										•								
	Open Water										•								
32	Triathlon											•							
33	Sailing											•							
	Volleyball										•	•							
	Beach										•	•							
CIUDAD GUZMAN																			
34	Canoeing																•	•	
35	Rowing			•	•	•	•	•											
LAGOS DE MORENO																			
36	Baseball												•						
TAPALPA																			
	Cycling			•															
	Mountain Bike			•															

v 4.2 30.09.10



Opening and Closing Ceremonies



Finals



Gala



Official Practice

PASO**PAN AMERICAN SPORTS ORGANIZATION**

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 +(52 55) 5705 4657 | 5535 8263 | 5705 2275 Fax
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 www.odepa-paso.org

During the XVI Pan American Games Guadalajara 2011,
 PASO offices will be at the PASO Family Hotel.

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ATHLETICS



TECHNICAL MANUAL

Executive Committee

President	Don Mario Vázquez Raña	Mexico
1st Vice President	Michael Fennell	Jamaica
2nd Vice President	Carlos Nuzman	Brazil
3rd Vice President	Felipe Muñoz Kapamas	Mexico
Secretary General	Jimena Saldaña	Mexico
Treasurer	Richard Peterkin	St. Lucia

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	Fernando Beltranena	Guatemala
	Jean-Edouard Baker	Haiti

Members Group 2	Jose Ramon Fernandez	Cuba
	Alphonso Bridgewater	St. K&N
	Veda Bruno-Víctor	Grenada



Members Group 3

Nicole Hoevertsz
K.A. Juman-Yassin
Neven Ilic Alvarez

Aruba
Guyana
Chile

Honorary Member

Jorge Herrera Barona

Colombia

ACNO Vice President

Julio Cesar Maglione

Uruguay

Executive Secretary

Reynaldo Gonzalez

Cuba

Technical Commission

President

Michael Fennell

Jamaica

Member

Jorge Herrera Barona

Colombia

Member

Antonio Von Ondarza

Venezuela

Member

Rene Romero

Cuba

Member

Agberto Guimaraes

Brazil

Member

Caroline Assalian

Canada

Coordination Commission

President

Carlos Nuzman

Brazil

Member

Richard Peterkin

St. Lucia

Member

Fernando Beltranena

Guatemala

Member

Nicole Hoevertsz

Aruba

Member

Michael Chambers

Canada



National Olympic Committees

Members of the Pan American Sports Organization

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ATHLETICS



TECHNICAL MANUAL



AHO
Netherlands Antilles



ANT
Antigua



ARG
Argentina



ARU
Aruba



BAH
Bahamas



BAR
Barbados



BIZ
Belize



BER
Bermuda



BOL
Bolivia



BRA
Brazil



CAN
Canada



CAY
Cayman Island



CHI
Chile



COL
Colombia



CRC
Costa Rica



CUB
Cuba



DMA
Dominica



DOM
Dominican Republic



ECU
Ecuador



ESA
El Salvador



GRN
Grenada



GUA
Guatemala



GUY
Guyana



HON
Honduras



IVB
British Virgin Islands



LCA
St. Lucia



NCA
Nicaragua



PAR
Paraguay



PUR
Puerto Rico



SUR
Suriname



URU
Uruguay



VEN
Venezuela



HAI
Haiti



ISV
USA Virgin Islands



JAM
Jamaica



MEX
Mexico



PAN
Panama



PER
Peru



SKN
St. Kitts & Nevis



TRI
Trinity and Tobago



USA
United States



VIN
St. Vincent and the
Granadines



COPAG**XVI Pan American Games Guadalajara 2011
Organizing Committee**

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International Association of Athletics Federations

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Competition Information

Athletics in Guadalajara 2011

Competition Date and Location

The Athletics competition of the Pan American Games Guadalajara 2011 will be held from **Sunday, October 23 to Sunday 30, 2011.**

Events	Place	Date
Track and Field	Pan American Athletics Stadium	October 24 to 28
Marathon	Pan American Marathon Circuit	October 23 and 30
Race Walk	Pan American Race Walk Circuit	October 23 and 29

Events and Medals

The events to be held in the Athletics competition at the Pan American Games Guadalajara 2011 are:

	Women	Medals Standing				
		Gold	Silver	Bronze	Total	
Track	1	100m	1	1	1	3
	2	200m	1	1	1	3
	3	400m	1	1	1	3
	4	800m	1	1	1	3
	5	1500m	1	1	1	3
	6	5000m	1	1	1	3
	7	10000m	1	1	1	3
	8	100m Hurdles	1	1	1	3
	9	400m Hurdles	1	1	1	3
	10	3000m Steeplechase	1	1	1	3
	11	4x100m Relay	1	1	1	3
	12	4x400m Relay	1	1	1	3



Jumps	13	Pole Vault	1	1	1	3
	14	High Jump	1	1	1	3
	15	Long Jump	1	1	1	3
	16	Triple Jump	1	1	1	3
Throws	17	Shot Put	1	1	1	3
	18	Discus Throw	1	1	1	3
	19	Javelin Throw	1	1	1	3
	20	Hammer Throw	1	1	1	3
Road	21	20km Walk	1	1	1	3
	22	Marathon	1	1	1	3
Comb. E.	23	Heptathlon	1	1	1	3
		Total	23	23	23	69

		Men	Medals Standing			
			Gold	Silver	Bronze	Total
Track	1	100m	1	1	1	3
	2	200m	1	1	1	3
	3	400m	1	1	1	3
	4	800m	1	1	1	3
	5	1500m	1	1	1	3
	6	5000m	1	1	1	3
	7	10000m	1	1	1	3
	8	110m Hurdles	1	1	1	3
	9	400m Hurdles	1	1	1	3
	10	3000m Steeplechase	1	1	1	3
	11	4x100m Relay	1	1	1	3
	12	4x400m Relay	1	1	1	3
Jumps	13	Pole Vault	1	1	1	3
	14	High Jump	1	1	1	3





	15	Long Jump	1	1	1	3
	16	Triple Jump	1	1	1	3
Throws	17	Shot Put	1	1	1	3
	18	Discus Throw	1	1	1	3
	19	Javelin Throw	1	1	1	3
	20	Hammer Throw	1	1	1	3
Road	21	20km Walk	1	1	1	3
	22	50km Walk	1	1	1	3
	23	Marathon	1	1	1	3
Comb. E.	24	Decathlon	1	1	1	3
	Total		24	24	24	24

Competition Format

Qualification rounds, semifinals and finals, will follow IAA regulations.

Competition Schedule

Sunday October 23rd

08:30	20km Walk	Women	Final
10:40	20km Walk	Men	Final
16:00	Marathon	Woman	Final

Monday October 24th

14.00	100m	Men	Decathlon 1
14.45	Long Jump	Men	Decathlon 2
15:10	400m	Men	Eliminatory
15.25	Hammer Throw	Woman	Final
15.45	100m	Woman	Eliminatory
16.00	Long Jump	Men	Qualification
16.10	Shot Put	Men	Decathlon 3
16.15	100m	Men	Eliminatory



16.50	400m hurdles	Woman	Semifinal
17.15	800m	Woman	Semifinal
17.20	High Jump	Men	Decathlon 4
17.30	Pole Vault	Woman	Final
17.45	10,000m	Woman	Final
17:55	Long Jump	Woman	Qualification
18.30	100m	Woman	Semifinal
18.35	Discus Throw	Men	Final
18.50	100m	Men	Semifinal
19.10	5,000m	Men	Final
19.40	400m	Men	Decathlon 5

Tuesday October 25th

14.00	110m hurdles	Men	Decathlon 6
14.20	100m hurdles	Woman	Heptathlon 1
14.40	Discus Throw	Men	Decathlon 7
15.00	High Jump	Woman	Heptathlon 2
15.55	Pole Vault	Men	Decathlon 8
16.50	100m hurdles	Woman	Semifinal
17:15	400m	Woman	Semifinal
17.20	Shot Put	Woman	Heptathlon 3
17.45	400m	Men	Semifinal
18:15	800m	Woman	Final
18.20	Javelin Throw	Men	Decathlon 9
18.25	Long Jump	Men	Final
18.35	Shot Put	Men	Final
18.40	100m	Woman	Final
19.00	200m	Woman	Heptathlon 4
19.20	100m	Men	Final



19.40 1500m Men Decathlon 10

Wednesday October 26th

15:30	200m	Woman	Eliminatory
15:45	Hammer Throw	Men	Final
15:55	Long Jump	Woman	Heptathlon 5
16:00	200m	Men	Eliminatory
16:35	400m hurdles	Men	Semifinal
17:10	1,500m	Men	Final
17:35	200m	Woman	Semifinal
17:40	Long Jump	Woman	Final
17:45	Javelin Throw	Woman	Heptathlon 6
17:50	High Jump	Woman	Final
17:55	200m	Men	Semifinal
18:20	100m hurdles	Woman	Final
18:40	400m	Woman	Final
19:00	400m	Men	Final
19:20	800m	Woman	Heptathlon 7
19.40	400m hurdles	Woman	Final

Tuesday October 27th

14:50	110m hurdles	Men	Semifinal
15:10	Relay 4x100m	Woman	Semifinal
15:35	Relay 4x100m	Men	Semifinal
15:50	Salto Triple	Woman	Final
16.00	Relay 4x400m	Woman	Semifinal
16.10	Shot Put	Woman	Final
16:25	Relay 4x400m	Men	Semifinal
16.50	10,000m	Men	Final



17.35	800m	Men	Semifinal
17.50	Javelin Throw	Woman	Final
17.55	1500m	Woman	Final
18:10	High Jump	Men	Final
18.20	5,000m	Woman	Final
18.55	400m hurdles	Men	Final
19.15	200m	Woman	Final
19.40	200m	Men	Final

Friday October 28th

15.30	Pole Vault	Men	Final
15.35	Discus Throw	Woman	Final
16.20	110m hurdles	Men	Final
16.45	800m	Men	Final
17.10	3,000m steeplechase	Woman	Final
17.35	Salto Triple	Woman	Final
17.40	3,000m steeplechase	Men	Final
18.00	Javelin Throw	Men	Final
18.10	Relay 4x100m	Woman	Final
18.35	Relay 4x100m	Men	Final
19.00	Relay 4x400m	Woman	Final
19.25	Relay 4x400m	Men	Final

Saturday October 29th

7.00	50km Race Walk	Men	Final
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Sunday October 30th

08:30	Marathon	Men	Final
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Note: The competition schedule is subject to change in accordance with the final entries.

All the award ceremonies, including those of Women's Marathon and Race Walking, will take place in the Pan American Athletics Stadium. The Men's Marathon award ceremony will take place during the Closing Ceremony of the Games.

Maximum number of competitors

According to the quota established by PASO, there will be a maximum number of seven hundred (700) competitors in Athletics.

NOCs may only send competitors who have qualified through the system established by IAAF and PAC to the XVI Pan American Games Guadalajara 2011.

Age of Competitors

Male athletes competing in the Marathon and in the 50km Race Walking must be at least **18 years old on December 31, 2011 (born in 1993)**.

Female athletes competing in the Marathon must be at least **18 years old on December 31, 2011 (born in 1993)**.

For all other events, competitors must be at least **16 years old on December 31, 2011 (born in 1995)**.

Qualification System for Guadalajara 2011

NOCs can register one competitor in each individual event, even if he/she has not achieved the minimum standard performance. To register a second competitor, both athletes must have achieved the minimum standard performance.

This minimum standard performance shall be achieved at an official competition recognized by the respective National Federation, from January 1, 2010 until midnight (Guadalajara local time), September 14, 2011. As the host country, Mexico is automatically qualified for all events of the Athletics Competition at the XVI Pan American Games Guadalajara 2011 with two (2) competitors in each event.



If the number of qualifiers exceeds the maximum quota of 700 athletes, the PAC will determine which athletes qualify in order to meet the quota, and will communicate with the NOCs, the ODEPA Technical Committee and the Organizing Committee by September 10th, 2011; in order to complete the registration process according to the Pan American Games Regulations.

Minimum Qualification Standards

Minimum Qualification Standards was approved by PAC on May 26, 2010

Minimum Qualification Standards

Event	Men	Women
Track		
100m	10.38	11.50
200m	21.00	23.78
400m	46.25	53.00
800m	01.49.0	02.07.0
1500m	03.48.0	04.25.0
5000m	14.20.0	17.00.0
10000m	29.50.0	35.30.0
100m Hurdles	-	14.00
110m Hurdles	14.40	-
400m Hurdles	52.00	60.40
3000m Steeplechase	09.00.0	Not required
4x100m Relays	Not required	Not required
4x400m Relays	Not required	Not required
Jumps		
High Jump	2.13m	1.76m
Long Jump	7.65m	6.15m
Triple Jump	16.60m	13.00m
Pole Vault	5.00m	3.50m



**Throw**

Shot Put	17.20m	14.50m
Discus Throw	53.00m	48.50m
Javelin Throw	71.00m	50.00m
Hammer Throw	62.00m	58.00m

Road

20km Walk	Not required	Not required
50km Walk	Not required	Not required
Marathon	Not required	Not required

Multi Events

Decathlon	6.750pts	-
Heptathlon	-	4.850pts

Relay events. Each NOC will be allowed a maximum of two (2) athletes who will participate only in relay events; all other relay participants must be entered in individual events. Exceptional cases will be considered by the Technical Delegates.

Qualification system approval

The qualification system was revised and approved by PAC on May 26, 2010

London 2012 Olympics Qualification

The Athletics competition of the XVI Pan American Games Guadalajara 2011 will serve as the lobby opportunity for athletes to meet the IAAF qualifying standards for the London 2012 Olympic Games.

Technical Meeting

- The Technical Meeting will be held on **Saturday, October 22, 2011** at 9:00 at the Pan American Village.
- Two representatives from each NOC maximum can attend this meeting, with the company of an interpreter or an attaché if necessary.



- c. Team Leaders must collect their invitations for the Technical Meeting from the SIC at the Pan American Village, upon arrival.
- d. The Technical Delegates and the local Athletics Competition Manager will preside over the meeting, which will be conducted in both english and spanish.

Technical Officials

Judges, Jury and Technical Officials will be appointed according the IAAF and PAC Rules and Regulations.

International Technical Officials

Jane Edstrom (Canada)

janeedstrom@mts.net

jane.edstrom@lrsd.net

José Manuel Ovalle (Chile)

ovallej@hotmai.com

Jorge Pardo (Argentina)

jorge@juanfer.com.ar

Robert Podkaminer (USA)

rpokam@aol.com

Rubén Quintanilla (El Salvador)

ruquintanilla@hotmail.com

Mercedes Román (Mexico)

itoroman26@aim.com

Race Walk International Judges

Rubén Aguilera (Argentina)

r-aguilera@uolsinectics.com.ar

Carlos Barrios (Guatemala)

cabarrios@url.edu.gt

Magdalena Caisanbanda (Ecuador)

magycm51@uulo.satnet.net

Sandra Colín (Mexico)

sandracolin@att-net.mx

Daniel Michaud (Canada)

daniel.michaud@statcan.ca

Cándido Vélez (Puerto Rico)

cvelezwj@yahoo.es

International Route Surveyor

Bernie Conway (Canada)

measurer@rogers.com

Jury of Appeal

Alberto Scarpin (Argentina)

Roberto Gesta de Melo (Brasil)

Abby Hoffman (Canadá)

Amadeo Francis (Puerto Rico)

Neville "Teddy" McCook (Jamaica)

Secretary: Claudia Olmos (México)





Competition Procedures

With the objective of developing an organized and successful event, the following rules established by the IAAF will apply as competition procedures:

Call Room

For all track and field events will be installed two call rooms. The first will be leaving the warm up area. Boards will be installed to informing which events should be submitted to the camera. Team Leaders must remind all their athletes when they must report and the procedures to be followed in the Call Rooms. Athletes must report to Call Room according to the official time schedule of their event:

Pole vault:	75 minutes before the official start time of the event.
High jump events:	55 minutes before the official start time of the event.
Other field events:	45 minutes before the official start time of the event.
Track events:	20 minutes before the official start time of the event.

An Officer will accompany the athletes to the second call room located beneath the stands of the stadium, near the 100m start line. Water and bathrooms will be available at second call room

Call Room judges will check the following items in accordance with IAAF Rules (143/144):

- Numbers
- Shoes / spikes
- Uniforms
- Bags (ID and contents)
- Publicity

For road events will install a one call room, that will do the same functions as the stadium. This will be among the warm up area and the starting line of the event.



Combined Events

Competitors in combined events (Decathlon and Heptathlon) must report to the Call Room at the warm-up venue, at the start time of the session.

A Combined Events Rest Area will be provided at the Final Call Room where athletes can rest and wait for their next event. As the presence of athletes in this room is not mandatory between events, this room will be considered the Call Room for all subsequent events in a session. Therefore, all athletes must report at this room before the start time of an event to undergo a final check-up.

The accumulative results of the combined events competitions will be displayed in the Combined Events Rest Area.

The Rest Area will provide fruits and beverages for the athletes.

Final Confirmation

The competitor's final confirmation for events must be made one day before the event by the Team manager with the use of the institutional forms given at the Technical Meeting. These institutional forms must be submitted before 9:00 A.M. at the Sport Information Center (SIC) on the Pan American Athletics Stadium, or at the Pan American Village.

In the relay cases, it is necessary the team's final confirmation. However, the names of the four participants in the relay, in order of their participation, must be submitted to the SIC at the stadium, more than 60 minutes before the scheduled time for the event.

Road Events

Transportation for athletes and team officials from the Pan American Village to the start line will be provided by COPAG. The athletes will warm-up at the start area.

The shortest route will be indicated on the road surface by a blue line. The kilometer points will be marked along the route. The race timings will be displayed at strategic places along the route.

Approximately 40 meters before the finish line, sensors and panels will be installed which will indicate each athlete the remaining number of laps.





At the call room, each athlete will be given a transponder which must be adjusted to the athletes shoe in the way the technicians indicate. The transponder must be returned after the event, in the resting and collecting clothes area.

COPAG will provide a vehicle to follow the race. This vehicle will pick up competitors who are unable to complete the course or who have been disqualified and take them to the Finish Line.

Refreshment stations

There will be Refreshment Stations during the event, situated according to the IAAF Regulations. Signs will be displayed 100 meters before each Refreshment Station. Each of these stations will be divided into three areas:

- Personal refreshments
- Isotonic drinks
- Water

Personal refreshments

Competitors in all events will be able to take personal refreshments. The personal refreshments must be given at the Pan American Village prior to the events. The times and place for this procedure will be notified in the Team Leader's Guide.

Personal refreshments must clearly display the following information:

- Athlete's number
- Three-letter abbreviation of the country.
- Point at which the refreshment is to be situated.

Personal refreshments will be offered at the stations only for the organization or team members. Appropriate credentials for these areas will be distributed in the SIC of the Pan American Village.

Drinking/Sponging Stations

There will be Drinking/Sponging Stations located according to IAAF regulations between the Refreshment Stations, approximately at the 2.5km and 7.5km mark.

Signs will be displayed 100m before each Drinking/Sponging Station



Starters Orders

The starters' orders will be announced in English.

For events up to 400m (inclusive), they will be:

On your marks

Set

(Starting pistol)

For events 800m and above, they will be:

On your marks

(Starting pistol)

Competition numbers

- a. COPAG will supply a total of five numbers for each athlete taking part in the athletics competitions: two for the competition vest, two for the tracksuit and one for the bag. These numbers must not be cut, folded or obscured in any way.
- b. All competitors must display the numbers on their chest and back, except in the High Jump and Pole Vault events, where one number only may be worn on either the chest or the back.
- c. c) All competitors in track events will also be given two adhesive hip numbers before entering the track, which must be fixed to both sides of their shorts or legs.

Personal Coaches

There will be a reserved seating area on the public stands near the competition area for the field events. Access will be permitted only for the athletes' personal coaches who will receive a ticket one hour before the event at the Sport Information Center (SIC) at the competition venue.

Marathon

The Pan American Marathon Circuit consists of four laps of ten kilometers and a small extension at the end of the fourth lap of 2.195 mts. The start and finish line is

Race Walk events

The Pan American Race Walk Circuit consists of two kilometers. The start and finish point is the Minerva traffic circle.



**Visit to Pan American Circuits.**

There will be two guide visits for athletes and coaches. Name list and bus transportation will be provided on the SIC at the Pan American Village:

- a. Pan American Marathon Circuit: Saturday, October 22, 2011 at 11:00.
- b. Pan American Race Walk Circuit: Saturday, October 22, 2011 at 13:00.

Implements

The implements which COPAG lays at the disposal of the throwers in the Games are the following:

No. Catalog Brand	Description	Color	Certificate No.
Shot Put Men 7.26 kg			
5131726 Nordic	Olympic Super 128mm	Yellow	1-99-0021
5134726 Nordic	Stainless steel: 117mm	Silver	1-99-0022
7213120 UCS	Turned steel: 120mm	Red	1-99-0117
7213129 UCS	Turned steel: 129 mm	Red	1-99-0019
Discus Men 2 kg			
6176200 Nordic	Gold, brass rim	White/Gold	1-99-0006
6126200 Nordic	Maxi Rim stainless S.	White/Gold	1-99-0007
720-1200 UCS	Orange Flyer M. M.	Orange	1-99-0123
CPD-2 Polanik	Competition, steel rim	Red	1-99-0155
Hammer Men 7.26 kg			5125726
Nordic	Brass: 110mm	Gold	1-99-0008
7221110 UCS	Steel: 110mm	Silver	1-99-0125
Javelin Hombres 800g			7912800
Nordic	Master 60m	Blue	1-99-0034
7913800 Nordic	Master 70m	Blue	1-99-0013
7916802 Nordic	Super Elite 80m	White	1-99-0019
7916801 Nordic	Super Elite 90m	White	1-99-0020
800C80 Nemeth	Club 80m	Violet/Yellow/Blue	1-99-0105
800CS85 Nemeth	Club 85m	Violet/Yellow/Blue	1-99-0104
Shot Put Women 4kg			
5133401 Nordic	Steel: 100mm	Blue	1-99-0027
5133402 Nordic	Steel: 108mm	Red	1-99-0025



7212105 UCS	Turned steel: 105mm	Yellow	1-99-0115
7212109 UCS	Turned steel: 109mm	Yellow	1-99-0112

Discus Women 1kg

6131100 Nordic	Super Spin Brass	Black/Gold	1-99-0031
720-2100UCS	Purple Flier High M.	Purple	1-99-0121
N1105GD	Nelco	Gold, brass rim, plastic side White/Gold	1-99-0025

Hammer Women 4kg

5127400 Nordic	Stainless steel: 95mm	Silver	1-99-0010
5125400 Nordic	Brass: 95mm	Gold	1-99-0009
7222095 UCS	Steel: 95mm	Silver	1-99-0126

Javelin Women 600g

7915600 Nordic	Star 50m	Green	1-99-0029
7917601 Nordic	Diana 60m	Pink	1-99-0015
7917603 Nordic	Diana 80m	Lilac/White	1-99-0018
600S60 Nemeth	Standard 60m	Violet	1-99-0108
600S70 Nemeth	Standard 70m	Violet	1-99-0107
600C75 Nemeth	Club 75m	Violet/Yellow/Blue	1-99-0103

The use of personal implements will be allowed as long as:

- They have the IAAF certification.
- They are not contemplated in the list.
- They are in good conditions and the model and brand are clearly recognized.
- They incorporate to the official implements, available for all contestants.

They are delivered at the Stadium's store room at 18:00 hrs at the latest on the eve of the competition.

Protest and appeals

Presented protests, regarding the scores or management of an event will be solved according to rule 146 of the IAAF.

All claims must be made at first instance and verbally to the Judge, by an athlete or by another person acting on his/her behalf. In any case, all protests must be presented at the Sports Information Center in the Pan American



Stadium within 30 minutes following the announcement of the decision made by the referee.

The protest must be written. Signed by the responsible, at the athlete's name and a \$100.00 dollars deposit or the corresponding amount in Mexican Pesos, must be attached. This amount will not be returned even though the protest does not proceed. The leader must stay in touch with the secretary of the Jury to know the process of his appeal

Competition Venues.

The Track and Field competition will be carried in the Pan American Athletics Stadium located at Zapopan, Jalisco.

Marathon and Race Walk events will be in their respective circuit. Maps and layouts will be published on December 2010.



General Guidelines for Participation

Elegibility

To be eligible for participation in the XVI Pan American Games Guadalajara 2011, a competitor must comply with the Pan American Games Regulations as well as the corresponding International Federation Rules and must be entered by his or her NOC.

Nationality of competitors

All competitors that participate in the XVI Pan American Games Guadalajara 2011 must have the nationality of the NOC with which he or she is registered.

A competitor's nationality is determined according to the Pan American Games Regulations, Section IV, Item 3.

Gender verification

Gender verification cases shall be carried out in accordance with the Pan American Games Regulations, Section IV, Item 7.

Entries

Only NOCs recognized by PASO and whose National Federations are affiliated with the corresponding International Federation as well as the Pan American Confederation or the applicable Continental Sport Organization may enter competitors to the XVI Pan American Games Guadalajara 2011.

Entry by number

Entry by Number forms (to indicate the number of participants in each individual and team event) must be fully completed and returned to COPAG **no later than midnight (local time) on Thursday, July 14, 2011.**

The number of entries submitted for participants may not vary by more than 10% of the final entries, as per the Pan American Games Regulations, Section V, Item 3.





Entry by name

An Entry by Name form is required for each eligible participant in the XVI Pan American Games Guadalajara 2011. Entries by name must be completed by each NOC on the official form supplied by COPAG and returned **no later than midnight (Mexico local time) on Wednesday, September 14, 2011.**

Both, the Entry by Number and the Entry by Name forms from each NOC must be submitted on the official forms supplied by COPAG in accordance with the procedure described in the XVI Pan American Games Guadalajara 2011 Entries Manual.

For questions or clarification, COPAG offers the mailbox:

inscripciones@guadalajara2011.org.mx

Awards

Awards for the events in the XVI Pan American Games Guadalajara 2011 competitions will be granted in accordance with the Pan American Games Regulations, Section XIII.

First Place:	Gilded medal and certificate
Second Place:	Silver-plated medal and certificate
Third Place:	Bronze-plated medal and certificate
Fourth to Eighth Places:	Certificate

General Rules

The competition at the XVI Pan American Games Guadalajara 2011 will be held in accordance with the PASO Statute and corresponding International Federation Rules and Regulations in effect at the time of the Games. Any unforeseen cases not covered by the rules and regulations will be resolved as follows:

- a. Cases of a general nature will be resolved in accordance with the PASO Statute and Pan American Games Regulations.
- b. Issues of a technical nature will be resolved in accordance with the procedures of the corresponding Pan American Confederation or Continental Sport Organization.



Competition Rules

According to the Pan American Games Regulations, the development of the competition of the XVI Pan American Games Guadalajara 2011 is the responsibility of the PASO Technical Committee in coordination with COPAG, the corresponding International Federation as well as the Pan American Confederation or Continental Sport Organization.

Team Clothing and Equipment

Clothing and equipment worn or used by athletes and other participants in the XVI Pan American Games Guadalajara 2011 must comply with the Pan American Games Regulations and applicable International Federation Rules and Regulations, following the rules established at the NOC Usage Guidelines for Manufacturer Trademarks.

Training Venue

All training venues will have security access for accredited team members only, and public access will not be allowed. The equipment at the training venues will meet respective International Federation requirements. COPAG will provide the training schedule in the Team Leader's Guide.

Doping Control

Doping Control during the XVI Pan American Games will be conducted in accordance with PASO Medical Commission Rules and the respective International Federation Regulations, and will follow the standards and procedures under the World Anti-Doping Program.





Games Services

Sport Information Center (SIC)

The Sports Information Center aims to provide NOC team officials (Chefs de Mission Chiefs and Team Leaders) and competition officials with technical sport and general information, such as:

- a. Competition programs
- b. Training schedules
- c. Official communications from the participating sports organizations
- d. Official results

In addition, the SIC will inform and confirm transportation schedules and will verify athlete registrations. There will be two types of sport information centers:

1. The Main Sport Information Center at the Pan American Village
2. Sport Information Center in each competition venue.

Pan American Village SIC

- a. Access the SIC at the Pan American Village will be granted only to the Chefs de Mission, Team Leaders, Technical Officials and others officially authorized by each respective NOC.
- b. At the Delegation Registration Meeting (DRM), the Chefs de Mission will receive an entry by name form for naming the Team Officials who will be entitled SIC services. Athletes and representatives from the media will not have access to the SIC.
- c. Dates and hours of operation:
September 29 to November 2, 2011
07:00AM – 10:00PM
- d. The Pan American Village SIC will have specific information stands for all the sports included in the sports program for the XVI Pan American Games Guadalajara 2011.



Competition Venue SIC

- a. The service will be given to the Chefs de Mission, Team Leaders, Technical Officials, Competition Officials and others officially authorized by each respective NOC and COPAG.
- b. At the Delegation Registration Meeting (DRM), the Chefs de Mission will receive an entry by name form for naming the Technical Officials who will be entitled to the services of the SIC at the venue. Athletes and representatives from the media will not have access to the SIC.
- c. Dates and hours of operation: two hours prior to each day of competition and one hour after the end of each day of competition.

Transportation

Transportation services for the XVI Pan American Games will begin on **September 29, 2011**. Athletes and Team Officials that arrive to the International airports of Mexico City (Benito Juarez) and Guadalajara (Miguel Hidalgo y Costilla) will be received and assisted by COPAG's transportation services staff. A transportation service to take athletes and officials to the Pan American Village will be available on a 24-hour basis at the Miguel Hidalgo y Costilla airport.

Participants bearing a T4 accreditation will have access to exclusive vehicles (dates and hours of operation to be determined), by sport according to the competition schedule. The COPAG transportation system will supply all the athletes and officials with the necessary and timely information for transportation to and from the airports, training and competition venues, and the Pan American Village.

On competition days, authorized athletes and officials will be transported in a designated shuttle bus during the established schedule according to the general program, which will be provided.

Transportation to the training venues will be scheduled and provided upon specific request, submitted 24 hours in advance at the transportation information stand at the Pan American Village.





Detailed information will be provided during the Chefs de Mission Seminar.

Pan American Village

During the Games, over 7,500 athletes and team officials will lodge in the Pan American Village, which has a total of 4 buildings and 951 apartments.

The Pan American Village will officially **open on Tuesday October 4, 2011** and it will **close on November 2, 2011**.

The Village is divided into two areas: the International Zone and the Residential Zone.

Apart from basic food and beverage and accommodation services, the Residential Zone will feature a running track, a swimming pool, a gymnasium with sauna and a polyclinic.

The International Zone will feature an Internet and TV room, a bank, a beauty parlor, a travel agency, an outdoor theater as well as laundry and dry cleaning services, ecumenical chapel and fast food areas.

Media Services

- a. **Mixed Zones**
The mixed zones will be set up in the competition venues to facilitate interactions between athletes and the media. Athletes must pass through the mixed zone after finishing their competitions, but they are not obliged to answer questions from the media. Each journalist must conduct the interview in one minute.
- b. **Press Conference**
Generally, a press conference with the medalists will be organized immediately after each final (if necessary, coaches and other athletes may also be invited). COPAG's Media Services staff will introduce the competitors in the press room. During the conference, there will be simultaneous translation.



Medical Services

From the opening of the Pan American Village, ample and efficient medical services will be available, with quick attention guaranteed to those who require it, whether inside or out of the Pan American installations.

Medical Services at the Pan American Village

- a. Comprehensive, accessible and efficient medical care will be provided during the XVI Pan American Games Guadalajara 2011 to everyone requiring assistance in any of the Pan American installations, including non-competition venues.
- b. The Polyclinic, a medical facility within the Residential Zone of the Pan American Village, will provide all persons with access to the Village a comprehensive range of services including sports medicine, physiotherapy, orthopedics, radiology, pharmaceutical services, dental services, general medical consulting services, and 24-hour emergency service. The clinic will also have the availability of an ambulance service outfitted with a mobile Intensive Care treatment unit. This center will be linked to a network of accredited hospitals for ongoing care, if required.
- c. A first-aid station will be in operation at the Village's International Zone.
- d. Designated members of the Pan American Family will receive free emergency medical treatment within the medical services facilities from their official arrival date to their official departure date.

On-site Medical Services at Training and Competition Venues

Medical Stands will be available to render first aid to athletes and officers at every Training and Competition venue, with ambulances available to be used for emergency transportation to certified hospitals, if necessary.





guadalajara 2011

Comité Organizador
Organizing Committee

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