

V.I.Pace Runners Bulletin: May 7, 2017

The last Paradise 5K in Paradise...Youths take command...



In what was the 29th running of the Paradise 5K race (Thursday May 4, 6pm), a group of youths from Good Hope Country Day School and the Virgin Islands Triathlon Federation served notice that they will be the next generation of V.I. triathletes. The run was named with the famous St. Croix famous three sport endurance event, America's Paradise Triathlon and has been one of the intro events to the triathlon on St. Croix which then was in its first 3 years, second only to the Ironman World Championship in Kona, Hawaii according Wallace Williams of V.I.Pace Runners. "Renny Roker, the founder of the triathlon conceived the idea to promote St. Croix and the triathlon by offering these kinds of activities days leading up to the big triathlon. The first year we held a relay run around the Sunny Isle Center; we had the King St. Dash in Christiansted which until nineteen years ago was open to all ages. Now it's called the Children Run Christiansted...color Run. The Paradise 5K used to be held on Sunday afternoon a week before the triathlon when the triathletes would travel to St. Croix like 10 days to two weeks early to get acclimated to the challenging conditions presented by the race. The course was Southgate to Christiansted."

The small group of visiting and local runners toed the start line of the beautiful yet challenging Buccaneer Resort course which is the same route for the triathlon. Youth triathlete Dominic Puglise of Good Hope Country Day School took the lead early on with former multiple winner the 38 year old Billy Bohlke in the group, to win the race with a time of 19:08; Mickey Dizon-Bauman and Brice Richards also of GHCD finished second and third with times of 19:39 and 20:04 respectively; Bohlke passed by Richards with less than 500 meters to the finish, was fourth in 20:18 and Randel Nielsen of St. Croix was the fifth male in 22:22.

New mom and multiple V.I. marathon and 50 mile champion Bridget Klein is back as she claimed first place for females and fifth overall with a time of 20:18; Jennifer Hyde from Canada and long-time official timer for the St. Triathlon was second in 23:30; Savannah Logan of St. Croix was third in 24:32; Jamie Schmidt St. Croix and Tamara Cracknell Saratoga, California were given a tie for fourth place in 27:49 and Kira Lambert of St. Croix was fifth in 30:28.

Scroll down for complete results...

THE 29TH PARADISE 5K
Distance: 3.1 Miles...Rolling Course...
Segment of Ironman 70.3 Run Course
May 4, 2017

The Buccaneer Resort
Christiansted, St. Croix, Virgin Islands USA
Organized by: The Virgin Islands Pace Runners

Sanctioned by: The Virgin Islands Track and Field Federation

Place	Name	Age	S	City	St Club	Time	Pace
1	DOMINIC Puglise	15	M	St. Croix, VI		19:08	6:11
2	MICKEY Dizon-Bumann	13	M	St. Croix, VI		19:39	6:21
3	BRICE Richards	12	M	St. Croix, VI		20:04	6:29
4	BILLY Bohlke	38	M	St. Croix, VI		20:18	6:33
5	BRIDGET Klein	33	F	St. Croix, VI		22:00	7:06
6	RANDALL Nielsen	49	M	St. Croix, VI		22:02	7:07
7	MASON Lambert	21	M	St. Croix, VI		22:30	7:16
8	ALISTAIR Lang	31	M	Sutton, Great B		23:12	7:30
9	JENNIFER Hyde	35	F	Canada		23:30	7:35
10	FREDERICK Smith	65	M	USA		23:50	7:42
11	KADEN Gleason	9	M	St. Croix, VI		24:00	7:45
12	SAVANAH Logan	24	F	St. Croix, VI		24:32	7:55
13	KEVIN Moran	43	M	St. Croix, VI		25:15	8:09
14	DEXTER Hypolyte	29	M	St. Croix, VI		26:34	8:35
15	MIKE Klein	52	M	St. Croix, VI		26:42	8:37
16	DANIEL Salter	32	M	Ct. USA		27:19	8:49
17	ALEXANDER Schmidt	14	M	St. Croix, VI		27:31	8:53
18	JAMIE Schmidt	50	F	St. Croix, VI		27:49	8:59
18	TAMARA Cracknell	38	F	Saratoga, CA		27:49	8:59
20	DENIS Honeychurch	70	M	Fairfield, CA		30:21	9:48
21	KIRA Lambert	10	F	St. Croix, VI		30:28	9:50
22	MEGAN Lambert	35	F	St. Croix, VI		30:29	9:50
23	KRISS Bunn	50	F	Sutton, Great B		33:11	10:43
24	CYNTHIA Whitehurst	62	F	St. Croix, VI		34:46	11:13
25	WES Whitehurst	69	M	St. Croix, VI		34:56	11:17
26	LINDA Nelson	70	F	St. Croix, VI		40:05	12:56
27	LARRY Williams	74	M	St. Croix, VI		41:09	13:17

AWARD LIST FOR RACE
THE 29TH PARADISE 5K

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May 4, 2017

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Christiansted, St. Croix, Virgin Islands USA
Organized by: The Virgin Islands Pace Runners
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***** MALE OVERALL RESULTS FOR 5K RACE *****

1	DOMINIC Puglise	15	St. Croix, VI	19:08
2	MICKEY Dizon-Bumann	13	St. Croix, VI	19:39
3	BRICE Richards	12	St. Croix, VI	20:04
4	BILLY Bohlke	38	St. Croix, VI	20:18
5	RANDALL Nielsen	49	St. Croix, VI	22:02
6	MASON Lambert	21	St. Croix, VI	22:30
7	ALISTAIR Lang	31	Sutton, Great B	23:12
8	FREDERICK Smith	65	USA	23:50
9	KADEN Gleason	9	St. Croix, VI	24:00
10	KEVIN Moran	43	St. Croix, VI	25:15
11	DEXTER Hypolyte	29	St. Croix, VI	26:34
12	MIKE Klein	52	St. Croix, VI	26:42
13	DANIEL Salter	32	Ct. USA	27:19
14	ALEXANDER Schmidt	14	St. Croix, VI	27:31
15	DENIS Honeychurch	70	Fairfield, CA	30:21
16	WES Whitehurst	69	St. Croix, VI	34:56
17	LARRY Williams	74	St. Croix, VI	41:09

***** FEMALE OVERALL RESULTS FOR 5K RACE *****

1	BRIDGET Klein	33	St. Croix, VI	22:00
2	JENNIFER Hyde	35	Canada	23:30
3	SAVANAH Logan	24	St. Croix, VI	24:32
4	JAMIE Schmidt	50	St. Croix, VI	27:49
4	TAMARA Cracknell	38	Saratoga, CA	27:49
5	KIRA Lambert	10	St. Croix, VI	30:28
6	MEGAN Lambert	35	St. Croix, VI	30:29
7	KRISS Bunn	50	Sutton, Great B	33:11
8	CYNTHIA Whitehurst	62	St. Croix, VI	34:46
9	LINDA Nelson	70	St. Croix, VI	40:05

MALE AGE GROUP: 1 - 9

1	11	KADEN Gleason	24:00	9	St. Croix, VI	24:00
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FEMALE AGE GROUP: 1 - 9

FEMALE AGE GROUP: 10 - 19

1	21	KIRA Lambert	30:28	10	St. Croix, VI	30:28
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MALE AGE GROUP: 10 - 19

1	1	DOMINIC Puglise	19:08	15	St. Croix, VI	19:08
2	2	MICKEY Dizon-Bumann	19:39	13	St. Croix, VI	19:39
3	3	BRICE Richards	20:04	12	St. Croix, VI	20:04
4	17	ALEXANDER Schmidt	27:31	14	St. Croix, VI	27:31

FEMALE AGE GROUP: 20 - 29

1	12	SAVANAH Logan	24:32	24	St. Croix, VI	24:32
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MALE AGE GROUP: 20 - 29

1	7	MASON Lambert	22:30	21	St. Croix, VI	22:30
2	14	DEXTER Hypolyte	26:34	29	St. Croix, VI	26:34

FEMALE AGE GROUP: 30 - 39

1	5	BRIDGET Klein	22:00	33	St. Croix, VI	22:00
2	9	JENNIFER Hyde	23:30	35	Canada	23:30
3	19	TAMARA Cracknell	27:49	38	Saratoga, CA	27:49

4	22	MEGAN Lambert	30:29	35	St. Croix, VI	30:29
MALE AGE GROUP: 30 - 39						
1	4	BILLY Bohlke	20:18	38	St. Croix, VI	20:18
2	8	ALISTAIR Lang	23:12	31	Sutton, Great Brit	23:12
3	16	DANIEL Salter	27:19	32	Ct. USA	27:19
FEMALE AGE GROUP: 40 - 49						
MALE AGE GROUP: 40 - 49						
1	6	RANDALL Nielsen	22:02	49	St. Croix, VI	22:02
2	13	KEVIN Moran	25:15	43	St. Croix, VI	25:15
FEMALE AGE GROUP: 50 - 59						
1	18	JAMIE Schmidt	27:49	50	St. Croix, VI	27:49
2	23	KRISS Bunn	33:11	50	Sutton, Great Brit	33:11
MALE AGE GROUP: 50 - 59						
1	15	MIKE Klein	26:42	52	St. Croix, VI	26:42
FEMALE AGE GROUP: 60 - 99						
1	24	CYNTHIA Whitehurst	34:46	62	St. Croix, VI	34:46
2	26	LINDA Nelson	40:05	70	St. Croix, VI	40:05
MALE AGE GROUP: 60 - 99						
1	10	FREDERICK Smith	23:50	65	USA	23:50
2	20	DENIS Honeychurch	30:21	70	Fairfield, CA	30:21
3	25	WES Whitehurst	34:56	69	St. Croix, VI	34:56
4	27	LARRY Williams	41:09	74	St. Croix, VI	41:09

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