

RUN

Win your turkey!!!



RUN

Win your turkey!!!

Sunday 4PM November 23, 2014 St. Croix, Virgin Islands

WHAT: The First...Give Thanks...Turkey Trot 5K Run and Children's 1 Mile...

WHO: Open to male/female runners and walkers...

WHERE: Susana Ocasio Santana Park—Altoona Lagoon ...St. Croix, Virgin Islands

COURSE: Flat loops around the Lagoon and Gallows Bay

AWARDS: Turkey to the best male/female costume...

Turkey to the 1st place male/female in the 5K...

Turkey to the top Male/Female 13 and under...

**Medals to top 5 winners male/female in 5K and
to top 5 Male/Female 13 and under and 7 and under 1 Mile...**

Four turkeys raffle to other participants in the event...

SPONSOR: LNL Publishing

Organizer: The Virgin Islands Pace Runners

Sanctioned by: The Virgin Islands Track and Field Federation

ENTRY FEE: \$15.00 Adults...\$5.00 Children

FIRST 100 ADULT ENTRIES RECEIVE A RACE TECH TEE (\$30 VALUE)

RELEASE—WAIVER—STATEMENT OF FITNESS

I entering this footrace, hereby attest that I have trained adequately for and am in proper physical condition, as ascertained by a licensed physician, to run approximately 1 to 3.1 miles in high heat and humidity on public and private grounds. I further release all sponsors, volunteers and organizers from all claims resulting from loss, injury or illness resulting from my participation in this race and give permission

Print Name: _____ Age: ___ Sex: ___ Federation#: _____

Mailing Address: _____ Phone: _____

Email address: _____ T-Shirt size: _____

Your organization, school, Club: _____

Signature: _____ Date: _____

Signature of parent or guardian if you are under 18 years of age: