

THE VIRGIN ISLANDS NATIONAL TRACK AND FIELD CHAMPIONSHIPS



JUNE 25, 2016

TECHNICAL MANUAL

IVANNA EUDORA KEAN TRACK



NAZARETH BAY, ST. THOMAS

VIRGIN ISLANDS, USA

Draft June 23, 12:30pm

Scroll down for link to entry form

Entry forms due Thursday June 16

Technical Meeting Friday June 24

ORGANIZATION

Honorary Hosts:

The Honorable Kenneth Mapp, Governor Virgin Islands USA.

The Honorable Osbert Potter, Lt. Governor Virgin Islands USA

The Honorable Pedro Cruz, Commissioner The Dept. of Sports, Parks and recreation

The Honorable Sharon Mc Cullum Phd., Commissioner of The Dept. of Education

Stephan Jurgen, The Principal, Ivanna Eudora Kean High School

Peter Seipel, Athletic Director Ivanna Eudora Kean High School:

SUPPORTED BY:

Angel Morales, President, The Virgin Islands Olympic Committee

Victor Lopez, President NACAC; IAAF Area Representative

IAAF (Grant)

IAAF RDC San Juan

EVENT ORGANIZING COMMITTEE

Chairman: Ronald Russell, President VITFF

Secretary: Wallace Williams, Gen. Sec. VITFF

National T/F Championships. Event Director: Nathan Taylor, Director Shine/ V.I. National Track and Field Team Coach

Competition Director: Dale Joseph, V.I. National Junior Track and Field Team Coach

Technical Director: Ileta Potter, IAAF TOEC

Athlete Coordinator: Adrian Durant, Head Track and Field Coach, Cornell University Athlete

Registration/Timing/Scoring: Mireille Smith, Vice-President, St. Croix Track Club, Keith Smith, President St. Croix Track Club

Facilities Director: James Bernier, Engineer (for tracks project, Gov. of V.I.) Kean High School

Medical Director: Dr. Jerry Smith

Athlete Travel Agent: Linda Subiak, Linda Cruise Travel

Housing: Trudie Golphin, Director of Housing UVI

Ground Transportation:

1. GENERAL INFORMATION

WHAT: The 2016 Virgin Islands National Track and Field Championships WHEN:

Saturday June 25th 2016 8:00am to 5:00pm

WHERE: Kean High School Track, St. Thomas, Virgin Islands

WHO: Male/Female = Youths Under 11; 13 and; Under 15; Under 18; Under 20; Open; Masters

V.I. resident athletes, clubs, schools, other, visiting eligible V.I. athletes, invited athletes/countries

2. RULES AND REGULATIONS

- a) The VITFF National Championship will be held in accordance with the current rules and regulations of the International Association of Athletic Federation (IAAF).
- b) Technical matters will be resolved according to the IAAF rules and regulations. The Organizing Committee will resolve general matters unforeseen in these regulations.
- c) Athletes competing in each age group must be of age of December 31st, 2016. Example Un

11 Category: Athletes born 2006 – 2007

Un 13 Category: Athletes born 2004 – 2005

Un 15 Category: Athletes born 2002 - 2003

Un 18 Category: Athletes born 1999 - 2001

Un 20 Category: Athletes born 1997 - 1998

Only two athletes per team are allowed in each event.

- d) The limitation of three (3) events per athlete excluding relays for the Un 11 – Un 15 age group.
- e) There is no limit of events for athletes U18 and older.
- f) Elementary School athletes are allowed to compete for their respective school. All High School athletes must compete in their respective clubs. If an athlete is not affiliated with a club he/she must compete as **UNATTACHED**.
- g) Athletes must wear their respective team uniform to compete in the events.
- h) Coaches and athletes must remain in their assigned holding area, away from the competition areas, except for an athlete who is about to compete in an event.

- i) All teams must show proof of age. If an athlete has been found to compete in a category below his/her actual age group will be disqualified from the event and the competition. All coaches must sign their team's registration forms.

- j) No athlete is allowed to compete in two age categories. i.e. If the athlete is within the Un 15 age group, he/she cannot compete in the Un18 age group and return and compete in the U15 age group to compete. If his/her first event is in the Un18 age group, he/she must compete in the U18 age group throughout the competition.

- j) If an athlete competes in a category he/she cannot change his/her category for the relays only in the Youth and Junior 4x400m relays.

- l) All teams are allowed a maximum of 50 athletes.

- m) All events will be contested in Male and Female categories.

3. COMPETITORS:

Each team may enter up to two athletes in each individual event. In relay events team may enter a team of six (6) of which four (4) will run and the other two (2) may be used as reserve. Rosters: Each team will be provided with a set of registration sheets which must be filled out and signed by the coach. All registration sheets should be submitted to Athlete's Registration Secretary: Mireille Smith no later than June 14th 2016.

4. COMPETITION UNIFORM: All teams should wear the color of their club as a uniform.

All athletes must wear either a vest or a T- shirt, tights or short pants to compete in. No athlete will be allowed to compete in long or short jeans.

Athletes wearing spikes, their spikes must be no longer than 1/8 inches.

All spikes will be checked before the athlete runs. The correct size spikes will be provided at the competition if needed.

5. COMPETITION NUMBERS

All competitors will be given a number which shall be worn during the competition. It shall be worn visibly on the breast of their uniform. Competitors in running events will be issued additional adhesive numbers which shall be worn on the right side of their shorts.

6. CALL ROOM

There will be a call room near the warm up area. All athletes must report to the call room wearing the proper uniform and their competition number. No cell phones, iPod or headphones will be allowed in the call room or in the competition area.

The times for the calls to begin the events will be as follows:

NO	EVENT	CALLS	Access to the competition area before the start of the event
1	Sprints	2	15 minutes
2	Middle and Long Distance	2	15minutes
3	Relays	2	15 minutes

All athletes will access and leave the competition area accompanied by the judges. There will be two calls for the athletes to report before they can access the competition arena; there will be an interval of 15 minutes between the first and second call, then athletes will be marshalled to the competition arena. Under no circumstance will athletes be allowed to enter the competition arena if they fail to comply with the above mentioned rules.

7. LIST OF EVENTS

UN 11

Individual Events: 100m, 200m, 400m, Long Jump, Baseball Throw

Team Event: 4x100m

UN 13

Individual Events: 100m, 200m, 400m, 800m, Long Jump, Baseball Throw, Jr. 1500m

Team Events: 4x100m, 4x400m

Un 15

Individual Events: 100m, 200m, 400m, 800m, Long Jump, Triple Jump; Shot Put 1500m

Draft June 23, 12:30pm

Team Events: 4x100m, 4x400m

Un 18

Individual Events: 100m, 200m, 400m, 800m, Long Jump, High Jump, Triple Jump; Shot Put, Javelin

Team Events: 4x100m, 4x400m

Un 20

Individual Events: 100m, 200m, 400m, 800m, Long Jump, Triple Jump; High Jump, Shot Put, Javelin

Team Events: 4x100m, 4x400m

Open: **Individual Events:** 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, Shot Put

POINT SYSTEM: Individual Events: 10, 8, 6, 4, 2, other finishers 1 point.

Relays events: 15, 12, 9 and 6.

Results will be posted once five events have been concluded. The score will also be posted after every ten events. **Medals** will be awarded for first, second and third place finishers in all categories.

The first and second place team will receive a trophy.

Relay Awards: Medals will be given for 1st, 2nd, & 3rd place finishers. Each member of the relay team will receive a medal.

8. JURY OF APPEAL

The Jury of Appeal will be announced at the Technical Meeting.

9. PROTESTS

Protests concerning the result or conduct of an event shall be made within 30minutes of the official announcement of the result of that event. The athlete or an authorized representative shall make any protest verbally to the chief Referee on his/her behalf. The Referee may take a decision over the protest or may submit it to the Jury of Appeal.

10. REGISTRATION

Use the following link to the 2016 VITFF National Championship spreadsheet to register the athletes: [CLICK HERE](#)

The spreadsheet is to be mailed by the deadline – Thursday June 16, 2016 to mireillesmith@hotmail.com.



2016 VITFF NATIONAL TRACK AND
FIELD CHAMPIONSHIPS
SATURDAY, JUNE 25TH 2016
SCHEDULE OF TRACK EVENTS

NO.	TIME	EVENT	SEX	AGE
1	8:30AM	3000M	F	OPEN
2	8:50AM	5000m	M	Open
3	9:00a.m	100m	F	Un11
4	9:05am	100m	M	Un11
5	9:10am	100m	F	Un13
6	9:15am	100m	M	Un13
7	9:20am	100m	F	Un15
8	9:25am	100m	M	Un15
9	9:30am	100m	F	Un18
10	9:35am	100m	M	Un18
11	9:40am	100m	F	Un20
12	9:45m	100m	M	Un20
13	9:50am	100m	F	Open
14	9:55am	100m	M	Open
15	10:00am	800m	F	Un13
16	10:05am	800m	M	Un13
17	10:10am	800m	F	Un15
18	10:15am	800m	M	Un15
19	10:20am	800m	F	Un18
20	10:25am	800m	M	Un18
21	10:30am	800m	F	Un20
22	10:35am	800m	M	Un20
23	10:40am	800m	F	Open
24	10:45am	800m	M	Open
25	10:50am	200m	F	Un11
30	10:55am	200m	M	Un11
31	11:00am	200m	F	Un13
32	11:05am	200m	M	Un13
33	11:10am	200m	F	Un15

Draft June 23, 12:30pm

34	11:15am	200m	M	U15
35	11:20am	200m	F	U18
36	11:25am	200m	M	U18
37	11:30am	200m	F	U20
38	11:35am	200m	M	U20
39	11:40am	200m	F	Open
40	11:45am	200m	M	Open
41	11:50am	1500m	F	Jr (13 - 15)
41	11:55am	1500m	M	Jr (13 - 15)
42	12:00pm	400m	F	U11
43	12:05pm	400m	M	U11
44	12:10pm	400m	F	U13
45	12:15pm	400m	M	U13
46.	12:20pm	400m	F	U15
47	12:25pm	400m	M	U15
46	12:30pm	400m	F	U18
47	12:35pm	400m	M	U18
48	12:40pm	400m	F	U20
49	12:45pm	400m	M	U20
51	12:50pm	400m	F	Open
52	12:55pm	400m	M	Open
53	1:00pm	4x100m	F	Un11
54	1:05pm	4x100m	M	Un 11
55	1:10pm	4x100m	F	Un13
56	1:15pm	4x100m	M	Un13
57	1:20pm	4x100m	F	Un15
58	1:25pm	4x100m	M	Un15
59	1:30pm	4x100m	F	Un18
60	1:35pm	4x100m	M	Un18
61	1:40pm	4x100m	F	Un20
62	1:45pm	4x100m	M	Un20
63	1:50pm	4x100m	F	Open
64	1:55pm	1500m	F	Open
65	2:00pm	1500m	M	Open
66	2:05pm	4x400m	F	Youth U13 &U15
67	2:10pm	4x400m	M	Youth U13 & U15
68	2:15pm	4x400m	F	Juniors U18 & U20
69	2:20pm	4x400m	M	Juniors U18 &U20

2016 VITFF NATIONAL TRACK AND
FIELD CHAMPIONSHIPS SATURDAY,
JUNE 25TH 2016
SCHEDULE OF FIELD EVENTS

NO	TIME	EVENT	SEX	AGE
1	9:00am	Baseball Throw	F	U11- U13
2	9:10am	High Jump	F	U18 & U20
3	9:30am	Baseball Throw	M	U11 - U13
4	9:45am	Long Jump	F	U11 - U15
5	10:00am	High Jump	M	U18 – U20
6	10:00am	Shot Put	M	All Ages
7	10:15am	Long Jump	M	U11-U15
8	10:35am	Javelin	F	U18- U20
9	10:50am	Long Jump	M	U18 – U20
10	11:00am	Shot Put	F	All Age
11	11:10am	Long Jump	F	U18 &U20
12	11:15am	Javelin	M	U18 &20