

**The Virgin Islands Track & Field Federation**  
**An Affiliate of the International Amateur Athletic Federation**

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VITFF Buletting 4-14-09

V.I. Throwers get introduction to championships competition

The Virgin Islands Track and Field Federation Announced today that for the first time ever, the V.I. National Junior Track and Field Team included a combination of Shot Put, Discus and Javelin throwers at CARIFTA in both age-group categories.

Stephen Clarke (Shot Put 9.80 10th, Discus 29.11m 10th, Javelin 41.79 11th)of the Jr. Barracudas Track Club and the St.Croix Educational Complex High School

Andrea Wynter (Shot Put 9.74 9th, Discus 20m 10th) of the St.Croix Track Club and St.Croix Central High School competed in the under 20 age group.

Kasan Miller (Shot Put 10.68 10th, Discus 34.63 6th)of the Jr. Barracudas Track Club and St.Croix Educational Complex High School

Duryan Ebbesen (Shot Put 19.45 11th, Discus 28.19 8<sup>th</sup>) of the Jr. Barracudas and the St.Croix Educational Complex High School.

The throwers, although they had only a couple of opportunities to compete before CARIFTA are coached by Jason Woodard an IAAF/VITFF Certified Coach. It is most important that it be known that Cliff Williams, a high level IAAF Certified throws coach from the British Virgin Islands is volunteering his services at no charge to the clubs, schools, coaches, Federation and athletes.

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38th Carifta Games Championship - 4/10/2009 to 4/13/2009  
St. Lucia National Stadium  
Vieux Fort, St. Lucia, B.W.I.

Event 58 Men Discus Throw Under 20

=====  
World: W 74.08m 6/6/1986 Jorgen Schult, GDR  
World Junior: J 67.32m 8/16/2006 Margus Hunt, EST  
Carifta: C 55.20m 4/19/2003 Eric Matthis, British Virgin

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wallace williams

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W. Youth Qul: % 52.00m

Name	Year	Team	Finals
=====			
Finals			
1 Wilson, Quincy		Trinidad & Tobago	55.67mC
53.70m FOUL	52.65m	54.48m	55.67m FOUL
2 Smikle, Travis		Jamaica	54.42m%
FOUL 49.41m	51.90m	53.07m	54.42m 48.54m
3 Wright, Chad		Jamaica	50.62m
FOUL 49.20m	48.75m	FOUL	50.62m 49.14m
4 Collingwood, Richard		Trinidad & Tobago	48.92m
48.92m	48.03m FOUL	47.87m	FOUL 46.87m
5 Simon, Dilon		Donminica	47.06m
47.06m FOUL	45.57m	FOUL	42.86m FOUL
6 Jones, John		Barbados	42.84m
39.16m FOUL	42.84m	40.44m	39.89m 40.18m
7 Samuel, Dion		St. Kitts & Nevis	40.34m
39.41m	34.17m	40.12m	40.34m FOUL 40.33m
8 Alepsa, Yannis		Martinique	35.11m
33.92m	35.11m	34.30m	FOUL FOUL 34.30m
9 Been, Rashsun		Turks & Caicos	32.33m
28.15m	30.59m	32.33m	
10 Clarke, Stephen		U.S.V.I.	29.11m
27.17m	25.65m	29.11m	
11 Carbety, Johan		Martinique	22.28m
22.28m	FOUL	PASS	
-- Holder- Edghil, Kemar		Barbados	DNS

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Event 56 Men Shot Put Under 20

World: W 23.12m 5/20/1990 Randy Barnes, USA  
World Junior: J 21.96m 6/29/2002 Edis Elkasevic, CRO  
Carifta: C 18.27m 4/9/2007 Raymond Brown, Jamaica  
W. Youth Qul: % 17.40m

Name	Year	Team	Finals
=====			
Finals			
1 Collingwood, Robert		Trinidad & Tobago	17.49m%
17.02m	16.88m	16.78m	17.01m 17.40m 17.49m
2 Wilson, Quincy		Trinidad & Tobago	17.23m
16.02m FOUL	16.55m	17.21m	17.23m 16.69m
3 Simmons, Shakir		Grenada	16.79m
FOUL FOUL	15.93m	FOUL	16.79m 16.68m
4 Chismolm, Odane		Jamaica	16.36m
16.36m	FOUL	15.63m	FOUL FOUL FOUL
4 Simon, Dilon		Donminica	16.36m
14.79m	15.11m	FOUL	15.93m FOUL 16.36m
6 Wright, Chad		Jamaica	15.95m
15.31m	15.95m	15.46m	15.71m FOUL FOUL

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7	Jones, John	Barbados	15.67m
	15.67m 15.53m 14.31m 15.52m 13.97m 13.74m		
8	Samuel, Dion	St. Kitts & Nevis	14.21m
	FOUL 12.94m 13.75m 12.81m 14.21m FOUL		
9	Been, Rashsun	Turks & Caicos	11.52m
	10.72m 11.02m 11.52m		
10	Clarke, Stephen	U.S.V.I.	9.80m
	9.67m FOUL 9.80m		
11	Lineborg, Rayonell	N. Antilles	9.69m
	9.69m 8.98m 9.41m		
--	Holder- Edghil, Kemar	Barbados	DNS

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Event 60 Men Javelin Throw Under 20

World: W 98.48m 5/25/1996 Jan Zelezny, CZE  
 World Junior: J 83.87m 6/7/2001 Andres Thorkildsen, NOR  
 Carifta: C 65.52m 1987 Jean Rene Ceykan, Martinique  
 W. Youth Qul: % 60.00m

Name	Year	Team	Finals
=====			
Finals			
1	Bazil, Andre	Donminica	61.72m%
	55.33m 60.87m 54.25m 60.36m 61.72m 60.53m		
2	Hypolite, Davis	Donminica	59.06m
	51.25m FOUL 55.70m 56.16m 59.06m 53.42m		
3	Carbety, Johan	Martinique	58.60m
	53.14m 49.98m FOUL FOUL 47.85m 58.60m		
4	Jones, John	Barbados	54.14m
	53.76m 53.78m 46.83m 54.14m 52.03m 52.91m		
5	Alepsa, Yannis	Martinique	53.81m
	49.68m FOUL 51.49m FOUL 51.47m 53.81m		
6	Franklyn, Jerren	Trinidad & Tobago	52.53m
	FOUL 52.53m 51.11m 50.18m 45.48m FOUL		
7	Brown, Oren Chad	Antigua & Barbuda	52.48m
	FOUL 52.48m 50.26m 50.18m 50.72m 50.11m		
8	Clarke, Anthony	Turks & Caicos	43.55m
	38.57m 40.87m 43.55m 33.45m 32.34m PASS		
9	Paul, Jamel	Trinidad & Tobago	42.62m
	FOUL PASS 42.62m		
10	Alcee, Archard	St. Lucia	42.11m
	42.11m FOUL 41.63m		
11	Clarke, Stephen	U.S.V.I.	41.79m
	40.30m 41.07m 41.79m		
12	Lineborg, Rayonell	N. Antilles	38.54m
	37.44m 38.54m 36.14m		

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Event 55 Women Shot Put Under 20

World: W 22.63m 6/7/1987 Natalya Lisovskaya, URS  
 World Junior: J 20.54m 7/1/1989 Astrid Kumbernuss, GDR  
 Carifta: C 15.75m 3/30/2002 Claudia Villeneuve, Martinique  
 W. Youth Qul: % 12.50m

Name	Year	Team	Finals
Finals			
1 Vassell, Micara		Jamaica	14.03m%
10.85m 12.55m 13.03m 12.87m 14.03m 12.64m			
2 James, Hilenn		Trinidad & Tobago	13.80m%
13.67m 13.24m 13.80m 12.86m 13.19m 12.83m			
3 Ducados, Anne- Caroline		Martinique	13.12m%
11.65m 11.87m 12.79m 12.25m 13.12m 12.28m			
4 Bravo, Akeela		Trinidad & Tobago	12.94m%
11.95m 11.47m 11.39m 12.94m 12.09m 12.13m			
5 Bernard, Candicea		Jamaica	12.67m%
11.27m FOUL 11.60m 12.67m FOUL 12.08m			
6 Laurendot, Laurianne		Guadeloupe	11.69m
FOUL 9.30m 11.69m 10.26m 10.95m FOUL			
7 Challenger, Rochella		St. Kitts & Nevis	10.68m
10.12m FOUL 10.13m FOUL FOUL 10.68m			
8 Owens, Anissa		Cayman Islands	10.62m
10.62m FOUL 10.17m 9.95m 9.94m 9.39m			
9 Wynter, Andrea		U.S.V.I.	9.74m
9.67m 9.74m FOUL			
10 Morain, Tarlisha		Grenada	9.56m
FOUL 8.70m 9.56m			
-- Nisbett, Tesril		St. Kitts & Nevis	FOUL
FOUL FOUL FOUL			
-- Jansen, Monifa		N. Antilles	DNS

37.44m 38.54m 36.14m

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Event 57 Women Discus Throw Under 20

World: W 76.80m 7/9/1988 Gabriele Reinsch, GDR  
 World Junior: J 74.40m 9/13/1988 Ilke Wyludda, GDR  
 Carifta: C 53.47m 3/31/2002 Claudia Villeneuve, Martinique  
 W. Youth Qul: % 41.00m

Name	Year	Team	Finals
Finals			
1 Bernard, Candicea		Jamaica	47.09m%
43.12m FOUL FOUL FOUL 47.09m 44.44m			
2 Smith, Ashlee		Trinidad & Tobago	42.54m%
42.54m FOUL FOUL 42.07m 40.08m FOUL			
3 Bravo, Akeela		Trinidad & Tobago	42.10m%
FOUL FOUL 39.05m 42.05m FOUL 42.10m			
4 Vassell, Micara		Jamaica	42.02m%

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	39.09m	FOUL	FOUL	42.02m	40.02m	41.40m	
5	Morain, Tarlisha				Grenada		37.31m
	37.31m	34.19m	FOUL	32.02m	28.00m	32.07m	
6	Challenger, Rochella				St. Kitts & Nevis		36.07m
	30.17m	FOUL	36.07m	26.02m	36.07m	FOUL	
7	Atherley, Jenile				Barbados		35.07m
	28.86m	32.07m	FOUL	35.07m	30.62m	FOUL	
8	Tery, Alexandria				Cayman Islands		34.03m
	FOUL	34.03m	FOUL	FOUL	FOUL	FOUL	
9	Laurendot, Laurianne				Guadeloupe		25.08m
	FOUL	FOUL	25.08m				
10	Wynter, Andrea				U.S.V.I.		20.00m
	FOUL	FOUL	20.00m				

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Event 28 Boys Discus Throw Under 17

World: W 74.08m 6/6/1986 Jurgен Schult, GDR  
 World Junior: J 67.32m 8/16/2006 Margus Hunt, EST  
 Carifta: C 52.79m 4/9/2007 Quincy Wilson, T. & T.  
 W. Youth Qul: % 52.00m

Name	Year	Team	Finals
1 Miller, Ashinia		Jamaica	49.21m
	42.08m	49.21m	47.06m
	45.59m	46.37m	FOUL
2 Toussaint, Lyndon		Grenada	45.27m
	FOUL	45.27m	40.12m
	41.03m	40.00m	41.63m
3 Preudhomme, Kyle		Trinidad & Tobago	40.65m
	FOUL	40.65m	FOUL
	32.94m	34.17m	40.04m
4 Worrell, Shervorne		Trinidad & Tobago	35.20m
	27.75m	30.69m	35.20m
	FOUL	32.32m	32.13m
5 Martis, Gionne		N. Antilles	34.73m
	30.15m	34.73m	33.51m
	25.98m	29.96m	30.01m
6 Miller, Kasan		U.S.V.I.	34.63m
	34.63m	34.03m	FOUL
	FOUL	FOUL	33.25m
7 Inniss, Brandon		Barbados	34.09m
	33.23m	FOUL	33.60m
	33.90m	31.23m	34.09m
8 Ebbesen, Duryan		U.S.V.I.	28.19m
	FOUL	FOUL	25.75m
	28.19m	25.96m	FOUL

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Event 26 Boys Shot Put Under 17

World: W 23.12m 5/20/1990 Randy Barnes, USA  
 World Junior: J 21.96m 6/29/2002 Edis Elkasevic, CRO  
 World Youth: Y 21.45m 7/10/2003 Feng Liu, CHN  
 Carifta: C 16.63m 3/22/2008 Dillon Simon, Dominica

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W. Youth Qul: % 17.40m

Name	Year	Team	Finals
=====			
Finals			
1 Miller, Ashinia		Jamaica	16.62m
16.09m	16.62m	15.65m	16.45m FOUL 16.41m
2 Worrell, Shervorne		Trinidad & Tobago	14.27m
13.09m	12.64m	14.27m	13.35m 14.14m 13.89m
3 Toussaint, Lyndon		Grenada	13.90m
12.94m	12.46m	13.35m	13.90m 13.32m FOUL
4 Inniss, Brandon		Barbados	13.60m
11.38m	11.78m	12.74m	FOUL 13.60m 12.20m
5 Petit, Gregory		Martinique	12.62m
12.62m	FOUL	11.51m	FOUL 10.73m 12.17m
6 Frederick, Andrew		Cayman Islands	11.94m
11.13m	11.94m	FOUL	10.87m FOUL 10.27m
7 Wilkinson Jr., Lonzo		St. Kitts & Nevis	11.83m
FOUL	FOUL	11.83m	FOUL 11.70m 10.51m
8 Irausquin, Dyron		Aruba	11.12m
11.12m	FOUL	FOUL	10.57m 10.64m FOUL
9 Nedd, Shaquille		Aruba	10.96m
10.96m	FOUL	FOUL	
10 Miller, Kasan		U.S.V.I.	10.68m
10.68m	10.26m	FOUL	
11 Ebbesen, Duryan		U.S.V.I.	10.45m
10.45m	FOUL	10.05m	
-- Walcott, Keshorn		Trinidad & Tobago	FOUL
FOUL	FOUL	FOUL	